

विद्यालय पत्रिका  
Vidyalaya Patrika

2014-15

वल्ली



I. Dinesh(X-C)

केन्द्रीय विद्यालय क्रमांक १, पोर्ट ब्लेयर  
Kendriya Vidyalaya No.1, Port Blair



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# विद्यालय पत्रिका VIDYALAYA PATRIKA



तत् त्वं पूषन् अपावृणु  
केन्द्रीय विद्यालय संगठन

केन्द्रीय विद्यालय क्र.१ , पोर्ट ब्लेयर  
(अंडमान एवं निकोबार द्वीप समूह)

**KENDRIYA VIDYALAYA NO-1, PORT BLAIR  
(ANDAMAN & NICOBAR ISLANDS)**

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# MESSAGE FROM V.M.C. CHAIRMAN



सत्यमेव जयते

**Mr. Devinder Singh, IAS**  
**Secretary Education & Sports**

**Andaman & Nicobar Administration**  
**Shiksha Sadan, Port Blair**  
**Telephone & Fax: 03192-230661**



**I am delighted to know that Kendriya Vidyalaya No.1, Port Blair is publishing its Annual Vidyalaya Patrika for the academic session 2014-15.**

**“IMAGINATION GIVES WINGS TO FLY; EDUCATION GIVES THE FEET TO STAND ON.” Vidyalaya Patrika is the best medium to give a gateway to students’ imagination and put on display the acumen developed through education.**

**I convey my heartiest congratulations to the Principal, Editorial Board, Staff Members and the students for their artistic endeavor in bringing out the Vidyalaya Patrika.**

**I wish them all success in their venture.**

**DEVINDER SINGH**  
**Secretary (Education)**





### संदेश

रचनाधर्मिता मनुष्य का वह स्वाभाविक लक्षण है जो उसके वास्तव में मनुष्य होने का जीवंत प्रमाण है। अतः मानव का संबंध साहित्य, संगीत, और कला से होना स्वाभाविक ही है। विद्यार्थियों में भी ये गुण कुछ नैसर्गिक, कुछ अर्जित तो कुछ अभ्यास के द्वारा विकसित होते हैं। शिक्षकों की प्रेरणा और प्रोत्साहन से ये गुण और भी प्रखर होकर प्रस्फुटित होते हैं।

हिन्दी के प्रसिद्ध कवि रामधारी सिंह 'दिनकर' ने लिखा है –

**" गुण बड़े एक से एक प्रखर, हैं छिपे मानवों के भीतर,  
मेहंदी में जैसे लाली हो, वर्तिका बीच उजियाली हो।  
बत्ती जो नहीं जलाता है, रोशनी नहीं वो पाता है।"**

विद्यार्थियों में भी एक से एक प्रखर गुण छिपे हैं। विद्यालय पत्रिका इन्हीं प्रखर गुणों से पाठकों को परिचित कराती है जो शिक्षकों और विद्यार्थियों के सम्मिलित प्रयासों का परिणाम है। बाल-मन की सृजनशीलता के प्रमाणों को अपने में समेटे हुए विद्यालय पत्रिका का यह अंश अत्यंत लगन से तैयार किया गया है। बालकों के अन्तर्मन के आकाश में भावनाओं के बादल छाए रहते हैं जो गुरु-प्रेरणा से बोझिल होकर शब्द-बूंदों के रूप में पत्रों के धरातल पर बरस पड़ते हैं।

इस प्रकार विद्यालय पत्रिका बालकों को अपनी प्रतिभा-प्रदर्शन का मौका देती है और इसके लिए उन्हें एक मंच उपलब्ध कराती है। अपने भावों व विचारों की प्रस्तुति के लिए व्यक्ति के पास भाषा की अच्छी जानकारी होनी चाहिए। विद्यार्थियों को भाषायी तत्त्वों पर पकड़ बनानी चाहिए, प्रभावी भाषा से ही मौखिक व लिखित अभिव्यक्ति मज़बूत बनेगी और इससे उनके रचनात्मक पहलू का विकास होगा।

मुझे आशा ही नहीं पूर्ण विश्वास है कि इस प्रयास से शिक्षा के समग्र उद्देश्यों की प्राप्ति होगी।

मेरी ओर से सभी को शुभकामनाएँ !

सी० राजी (प्राचार्य)

### MESSAGE

Creative aestheticism is possibly the ultimate realization of human self and literature, music and performing arts are the media for the expression of such realization. Irrespective of such talents being an innate potential or an achieved extension of the ever-evolving human self, what is required for both is a platform for expression.

The students are a reservoir of such creative potential..... budding litterateurs, painters, photo-journalists..... waiting for that platform to showcase their talents. The school magazine is that platform which develop these buds towards their full -bloom. To let the children adorn their thoughts on a canvas being properly nourished and nurtured under the guidance of a Guru.

It does not only provide a channel of expression to those waiting to blossom but also induces thirst in those who have hitherto remained unblossomed. It helps in developing language skills, logical & analytical thinking and above all openness to diverse perspectives.

I hope, rather I believe this creative endeavor shall prove complementary in achieving the holistic goal of education. I wish them all success in their venture.

**C. RAJI (PRINCIPAL)**



## *From the Editor's Desk. . .*

Time is the most essential commodity and its management the key to success. This is what most of us believe and all of us are engaged in a mad rush to achieve the sky without even actually knowing whether we need it or not. Why follow the set standards? Let us explore, let us discover...

This edition of the Vidyalaya Patrika is an attempt to provide the students and staff the 'display place' to put across their views and observations. An era when every member of the family greets one another on whatsapp and chats online; when information is at a click's distance – The Patrika is a shot to pause, to contemplate and to pen down the 'recollections in tranquility'.

Every activity, achievement, the spirit, collective efforts and the endeavor of the school has been recorded in the pages of the Patrika.

As customary and one of the secrets of happy world - appreciation for the students and staff for their inputs in various forms, the editorial board for all their efforts to make the Patrika presentable, the Principal of the Vidyalaya for her valuable propositions and initiatives to bring alive the team work in the contour of the Patrika.

**Ms. D.Sindhu, PGT (English)**



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# HIGH ACHIEVERS IN AISSCE 2013-14



**Akshaj E.P**  
**(XII Science)**  
**96.80%**



**Snehdha Biswas**  
**(XII Science)**  
**94.40%**



**Sayani Bandyopadhyay**  
**(XII Science)**  
**90.60%**



**Neha**  
**(XII Commerce)**  
**84.80%**



**KENDRIYA VIDYALAYA NO. 1  
PORT BLAIR (A & N ISLANDS)**

**EXCEPTIONAL ACHIEVEMENTS BY THE STUDENTS  
INTER SCHOOL FOOTBALL TOURNAMENT U-17 GIRLS**

**WINNER**

SL NO	NAME OF THE STUDENTS	CLASS
1	PREYANKA	X-C
2	SHIVANI DUA	X-B
3	SHUVHAM KUMARI	X-B
4	S. SNEHA	X-C
5	SISLIE JAWAHAR	X-B
6	JOYTI SARKAR	X-C
7	DONALIZA	X-B
8	AKANSHA BHAN	IX-A
9	KANISHTA	X-A
10	T.KOHILA	X-C
11	SUNANDINI	X-C
12	KEERTHANA	IX-C
13	HEMLATHA	IX-C
14	POOJA	IX-C
15	WASIRA	IX-C
16	PRAGYA	VIII-C





**INTER SCHOOL BADMINTON TOURNAMENT U-19 BOYS**  
**WINNER**

SL NO	NAME OF THE STUDENTS	CLASS
1	AKASH DANT	XII-B
2	K.S. SANGEET	XII-B
3	A. GOKULAN	XI-B

SL NO.	NAME OF THE COMPETITION/EVENT ORGANIZED BY	NAME OF THE STUDENTS	POSITION	REMARKS
1.	NATIONAL LEVEL BADMINTON CHAMPIONSHIP	SHUBHAM KUMARI CL-X-B	WINNER	INTER-STATE(SINGLE & DOUBLE)
2.	PARTICIPATED IN NATIONAL LEVEL BADMINTON CHAMPIONSHIP	SHUBHAM KUMARI CL-X-B	WINNER	
3	INTER STATE KHO -KHO TOURNAMENT	AKANSHA BHAN CL-IX-A	RUNNER UP	U-17 GIRLS
4	INTER-STATE BASKET BALL TOURNAMENT	HARISH YADAV CL-X-A	WINNER	U-17 BOYS
5	OPEN CHESS COMPETITION 2014-15	P. ROSHAN CL -IX-A	WINNER	
6	STATE LEVEL PAINTING COMPETITION ORGANISED TO CREATE AWARENESS ABOUT ENERGY CONSERVATION	P.S.M.JAYANT CL - VI-C	SECOND	
7	STATE LEVEL SPEECH COMPETITION ORGANISED BY CARI	P.S.M GAYATRI	SECOND	
8	STATE LEVEL PAINTING COMPETITION ORGANISED BY Dept. of WATER CONSERVATION	VIBLU KR. NAYAK CL -VI-A	FIRST	
9	PAINTING COMPETITION ORGANISED BY HINDI SAHITYA KALA PARISHAD(HSKP)	MOHSINA CL -IX-C	FIRST	
10	INTER SCHOOL SPEECH COMPETITION & POETRY RECITATION BY HSKP	PRAKRITI KUMAWAT CL -IV-B	SECOND FIRST	
11	SINGING COMPETITION(SOLO) ORGANISED BY HSKP	FAZILA HANAF CL- IX-C	FIRST	
12	SPPECH COMPETITION	MANOPRIYA CL -	FIRST	





दिल्ली  
अनुभाग



## हिन्दी का सम्मान

हिन्दी भाषा अपनी भाषा,  
यह हमारी राष्ट्रभाषा ।  
इसका हो उत्थान,  
हम सब करते रहें सदा,  
हिन्दी का सम्मान ।  
हिन्दी भारत का गौरव है,  
हिन्दी अपनी शान ।  
कौन छीन सकता है  
इसका हक,  
हमें है हिन्दी पर अभिमान ।  
भेद भाव सब भूल कर,  
सारे भारतवासी करते  
हिन्दी का गुण-गान ।

-प्रतिश्रुति दुआरा  
सातवीं 'अ'

## हिन्दी का महत्व

झूम-झूम कर नाचने को कर रहा मन,  
हिन्दी को झुककर करती हूँ अपना नमन ।  
हिन्दी है एक भाषा महान,  
जुड़ी है इसी से देश की आन,  
बान, तथा शान ।  
देश में प्रचलित हैं बहुत सी भाषाएँ ।  
परंतु हिन्दी से बंधी हैं देश की आशाएँ ।  
प्राचीन काल से रही है,  
यह सभ्यता की आधार ।  
परंतु लोग बोलने के लिए  
दूसरी भाषा को हैं लाचार ।  
लोग भूल गए स्वयं की राष्ट्रभाषा ।  
खत्म हो गयी देश की प्रगति की आशा ।  
विदेशी भाषाएँ हैं देश में घुसने की ताक में,  
तो मिल जाएगा हमारा देश भी खाक में ।  
लोग भूल गए आज करना हिन्दी का सम्मान ।  
विदेशी हँस रहे तथा हिन्दी का हो रहा अपमान ।  
इसलिए दोस्तो ! मैं आपसे ही नहीं ,  
बल्कि समूचे भारत से करती अनुरोध ।  
कि मिल-जुल कर कुचलना,  
विदेशियों का प्रतिरोध ।

-मीना कुमारी  
बारहवीं 'स'

## इंसान की पहचान

- जो सबसे बड़ा है , वह स्वाभिमान है ।
- जो सबसे छोटा है , वह अभिमान है ।
- जो दूसरों की प्रशंसा करे, वह वरदान है ।
- जो दूसरे की मदद करे, वह मेहरबान है ।
- जो कभी न भूला जाए, वह अपमान है ।
- जो सबसे नीचा नज़र आए, वह बेईमान है ।
- जो बुलाने से भी न आए, वह भगवान है ।
- जो भगाने से भी न जाए, वह मेहमान है ।
- जो गलतियाँ करे, वह इंसान है ।
- जो सोचे बिना काम करे, वह नादान है ।

इनसे मिलकर बना सारा जहान है ।

यही तो एक इंसान की पहचान है ।

-जुलेखा रहम

नवीं 'अ'





## अनुशासन

सागर की लहरों से पूछूँगी  
 मैं एक सवाल  
 एक बार नहीं, दो बार नहीं,  
 बार-बार बस यही सवाल  
 अनुशासनहीन लहरें तुम्हारी,  
 मचा रही थी भीषण बवाल  
 26 दिसम्बर 2004,  
 सुनामी आई, आया भूचाल  
 अंडमान के इतिहास का काला दिन,  
 उठतीं सागर में लहरें,  
 ज्यों हो कोई कराल व्याल  
 फन फैलाये आ रहा,  
 डसने को मानवता को,  
 और लील गया वह शैतान सागर  
 हजारों निर्दोष ज़िंदगियाँ,  
 और मैं समझ न पाई आज तक कि...

यह लहरों का दोष था  
 सागर का उत्क्रोश था  
 प्रकृति की झुंझलाहट थी  
 या खुद मानव की अनुशासनहीनता थी  
 जिसने सदा-सदा के लिए  
 अपने लिए  
 इतना भयानक दृश्य चित्रित किया था...

- नीलांजना  
 सातवीं 'अ'



भगवान अनेक हैं,  
 किन्तु भक्ति एक है।  
 दिल अनेक हैं,  
 किन्तु दर्पण एक है।  
 जातियाँ अनेक हैं,  
 किन्तु परिवार एक है।  
 संप्रदाय अनेक हैं,  
 किन्तु मानवता एक है।  
 रोशनियाँ अनेक हैं,  
 किन्तु दीपक एक है।  
 नाम अनेक हैं,  
 किन्तु नमन एक है।  
 आवाज़ें अनेक हैं,  
 किन्तु आत्मा एक है।  
 लोग अनेक हैं,  
 किन्तु सब भारतीय एक हैं।

प्रणति  
 दसवीं 'स'







## समय

अभी समय है, अभी नहीं कुछ भी बिगड़ा है,  
देखो अभी सुयोग तुम्हारे पास खड़ा है।  
करना है जो काम उसी पर चित्त लगा दो,  
अपने पर विश्वास रखो, संदेह भगा दो॥

आयेगा क्या समय, समय तो टला जा रहा,  
देखो जीवन व्यर्थ तुम्हारा चला जा रहा।  
तो वीरों की भाँति खड़े हो जाओ अब भी,  
करके कुछ जग बीच बड़े हो जाओ अब भी॥

उद्योगी को कहाँ नहीं सुसमय मिल जाता,  
समय नष्ट कर नहीं सुख कोई भी पाता।  
आलस ही है करा रहा यह सभी बहाने,  
जो करना है करो आज कल क्या हो जाने॥

ऐसा सुसमय भला और कब तुम पाओगे,  
खोकर पीछे इसे सदा ही पछताओगे।  
तो इसमें वह काम नहीं क्यों तुम कर जाओ,  
सुखी रहे संसार तथा तुम भी सुख पाओ॥

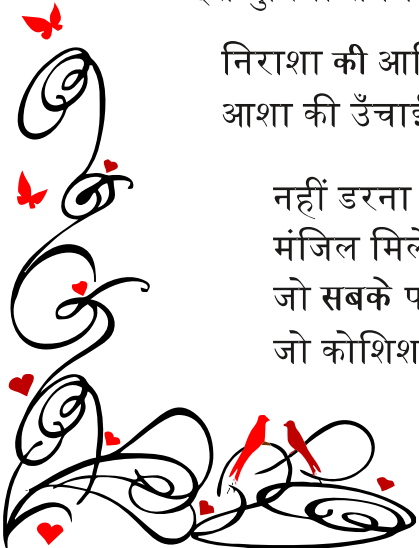
- मनोप्रिया नस्कर  
- नवी 'ब'

## आशा

आसमान से ऊँची होती है आशा,  
जिसमें छुपी होती है छोटी सी निराशा।  
जिसे हमें हटाना है,  
इस दुनिया से मिटाना है।

निराशा की आधि से सबको बचाना है  
आशा की उँचाई तक सबको पहुँचाना है।

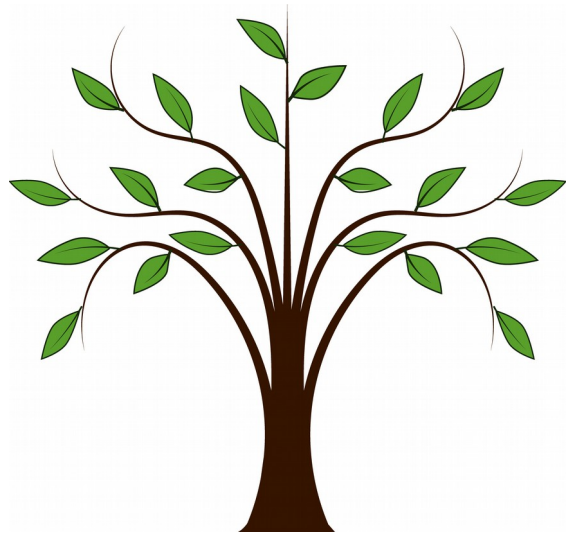
नहीं डरना है निराशा से,  
मंजिल मिलेगी हमें आशा से।  
जो सबके पास होती है,  
जो कोशिश से मिल जाती है।



## आओ मिलकर पेड़ लगाएँ !

प्रकृति की लिखी गई कविता है यह  
जिसे लिखा गया मिट्टी में,  
छोटे - छोटे पत्तों से,  
बना है ये रिश्ता प्रकृति में।  
जंगल, पानी और कीचड़ में रहती,  
बारिश की बूँदों से है यह नहाती।  
रंग-बिरंगे फूल हैं इसके,  
लगते बिल्कुल नन्हें फरिश्ते।  
जीवन दान दिया है इसने,  
हम सब जीवों को,  
जोड़ दिया है इसने  
अनगिनत रिश्तों को।  
आओ मिलकर हाथ बढ़ाएँ  
और ढेर सारे पेड़ लगाएँ  
पेड़ों के महत्त्व को जग में हम फैलाएँ  
ताकि जीव-जन्तुओं को हम बचा पाएँ  
इन्हें बचाना कर्तव्य हमारा,  
ताकि हम बना पाएँ  
एक संसार प्यारा।

-पी०एस०एम० गायत्री  
ग्यारवीं 'अ'



- सोनाली कदर  
- सातवीं "ब"



## एक पाती अभिभावकों के नाम

.....आज के इस भौतिक युग में मनुष्य जहाँ आर्थिक और औद्योगिक विकास की ओर लगातार अग्रसर हो रहा है वहीं दूसरी ओर मानव मूल्यों का लगातार हास भी हो रहा है। आर्थिक उन्नति की स्पर्धा में आम तौर पर माता-पिता दोनों को काम करने की जरूरत पड़ रही है। फलस्वरूप वे अपने बच्चों को एक बहुत ही महत्वपूर्ण बात से वंचित कर रहे हैं। जानते हैं वह क्या है?

जी हाँ, वह है – समय, जिसकी अपेक्षा आपका बच्चा आपसे करता है। इसका नतीजा यह है कि बच्चों के चरित्र-निर्माण और मूल्यों का समुचित विकास नहीं हो पाता। इसके विपरीत माता-पिता बच्चों को व्यस्त रखने के लिए आधुनिकता के हथियार जैसे - टी०वी० में कार्टून चैनल, कोई आधुनिक इलेक्ट्रॉनिक्स गेम्स या फिर मोबाइल जैसे उपकरण थमा देते हैं और अपने दायित्वों से पल्ला झाड़ लेते हैं।

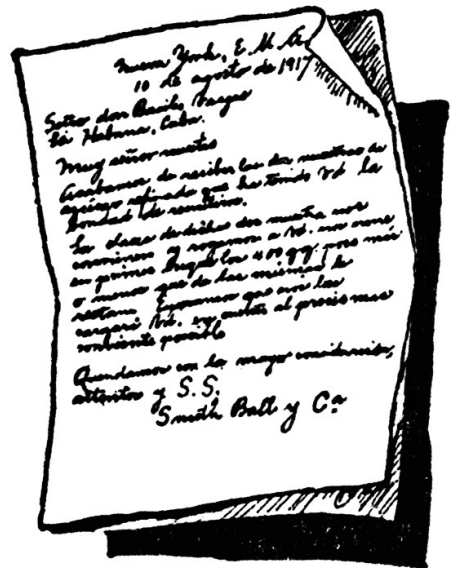
मैं यह नहीं कहती कि तकनीकी के इस गतिशील युग में बच्चों को इसका उपयोग करना नहीं आना चाहिए परंतु यदि इनका उपयोग सही समय पर किया जाए तो हमारे बच्चों को उसके सही प्रयोग का ज्ञान भी होगा और वे इसका दुरुपयोग भी नहीं करेंगे।

और यदि आप बच्चों को मोबाइल, इन्टरनेट जैसी सुविधाएं दे भी रहे हैं तो कृपया ध्यान दीजिए कि वे उसका उपयोग किस दिशा में कर रहे हैं।

अंत में मेरा सभी पालकों से अनुरोध है कि हम अपने व्यस्त जीवन में से थोड़ा समय निकालकर बच्चों की गतिविधियों का सही समय पर निरीक्षण कर उनका पथ प्रदर्शन करें और उनके भविष्य को सँवारने में अपना योगदान करें।

अपने बच्चों के प्रति यह हमारा कर्तव्य भी है। तभी हम संस्कारों के लिए दुनिया में जाने जाने वाले हमारे राष्ट्र को संस्कारवान नागरिक दे पाएँगे।

अनुष्का सिन्हा  
छठी 'स'





## ईश्वर का संदेश

मैं हूँ तुम्हारे साथ,  
तुम में ही कहीं,  
तुम से न कभी जुदा था,  
मुश्किल में तुम्हारे साथ था ।  
तुम्हारे भीतर ही कहीं मौजूद हूँ,  
तुम्हारे हर पल में मैं शामिल हूँ,  
तुम्हारी खुशियों की मैं मुस्कान हूँ,  
तुम्हारे दुख का मैं दर्द हूँ,  
तुम्हारी बीमारी की दवा हूँ,  
तुम्हारी भक्ति का विश्वास हूँ,  
तुम्हारे माथे की थकान हूँ,  
तुम्हारे हाथों की लकीर हूँ,  
खुद से तुम इतने खफा थे,  
सत्य से तुम अनजान थे ।  
अगर झाँका होता अपने भीतर,  
तो मुझको पाया होता अपने अंदर ।  
मंदिर, मस्जिद में मैं हूँ नहीं,  
पत्थर, धागे पर मेरा नाम नहीं,  
मैं हूँ हर प्राण में,  
मैं हूँ सारे जहां में ।

- टी. मौली  
दसवीं 'स'

## कसौटी

हर नज़र साधु नहीं है,  
हर बाशर गांधी नहीं है,  
हर सूत रेशम नहीं है,  
हर वस्त्र खादी नहीं है,  
नीति की लेकर कसौटी  
मत कसो इंसान को  
आदमी है आदमी  
सोना नहीं, चाँदी नहीं है

-जुलेखा रहमान  
नवीं 'अ'

## कम न आँकना

मुश्किलें तो आती ही रहेंगी।  
जीवन का यह हिस्सा है।  
जो मुश्किलों को पार कर सफल बना  
वह इतिहास बन चुका एक किस्सा है।  
तुममें भी है क्षमता खुद को कम न आँकना  
यदि कभी कुछ गलत हो तुम्हारे साथ।  
या, जब सही ना लगे कोई बात।  
अन्याय की तरफ ऊँगली तुम्हें ही है दिखाना  
अपने हक के लिए तुम्हें अपनी आवाज़ है उठाना।

तुममें भी है दम खुद को कम न आँकना  
स्वयं पर विश्वास रखो, और गलत से दूर रहना  
परिश्रम करो जी-तोड़, टूटे ढाढ़स को बाँधना  
जीवन की नाव में,  
मेहनत की पतवार तुम्हें ही है डालना  
क्योंकि.....

तुममें भी है शक्ति खुद को कम न आँकना  
अपनी जिम्मेदारियों को भर-भर है निभाना  
कमर कस, सर पर कफन बाँध आगे बढ़ते है जाना  
अर्जुन के समान हो धीर, तीर निशाने पर ही मारना

## बचपन

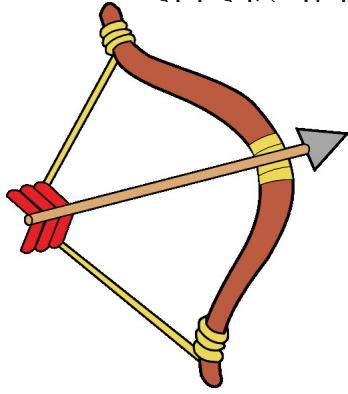
बचपन में खेली थी  
हवाई जहाज में चली थी  
आसमान में तारे देखे थे ।  
दोस्तों के संग खेली थी  
तारों को देखा था  
फूल के रंग से होली खेली थी ।  
कितना प्यारा होता है बचपन  
बहुत दुलारा होता है बचपन  
काश ! वो बचपन लौट आए !

डी० मेघला  
दसवीं 'स'





## कर्ण



वीरों में वीर,  
मानो मिट्टी के घड़े में शुद्ध और आकर्षक नीर ।  
कभी नहीं उसे मिला सच्चे गुरु का ज्ञान,  
अगर युद्ध में खड़ा हो जाए एक बार तो लगे वज्र के समान ।  
दान देकर याचक को देता था सुख , बदले में लेता था उनसे उनके दुख ।  
मित्र को ही दिया हमेशा प्यार,  
परंतु कभी नहीं उसने किया अहंकार ।  
अधर्म जानकर भी दिया मित्र का साथ  
पर छोड़ने को तैयार नहीं था उसका हाथ।  
पन से था इसके पास दिव्य चीजों का भंडार ,  
जेनके सामने देवता भी मान जाते थे हार ।  
इसके तीर चलते थे आसमान में लगातार ,  
तो कृष्ण जी लिए तीन लोकों का भार हो  
जाते थे विवश रथ को पीछे करने को तैयार ।

- अमितेश  
दसवीं 'अ'

## किताबों का ज्ञान

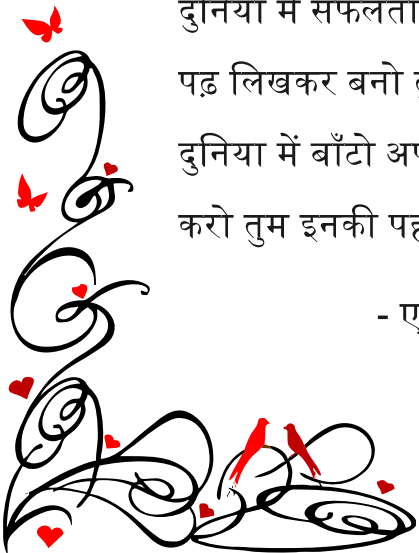
करो तुम इनकी पहचान,  
किताबों से हमें मिलता है ज्ञान,  
जो पढ़े वही पाये ज्ञान,  
किताबों से करो तुम दोस्ती,  
तुम्हें देगा वो ज्ञान ।  
समय का सदुपयोग करो,  
दुनिया में सफलता पाओ,  
पढ़ लिखकर बनो तुम शिक्षित,  
दुनिया में बाँटो अपना ज्ञान,  
करो तुम इनकी पहचान ।

- एस० दीपिका  
दसवीं 'स'

## लापरवाही

साबुन गया आँख में,  
पानी गया कान में,  
छींक आई नाक से,  
रोना आया जोर से,  
पिताजी जगे शोर से,  
माताजी आई दौड़ के,  
सारा काम छोड़ के,  
डांट लगाई लाड़ से,  
गले लगाया प्यार से,  
काम करो तुम ध्यान से,  
प्यारे हो तुम जान से ।

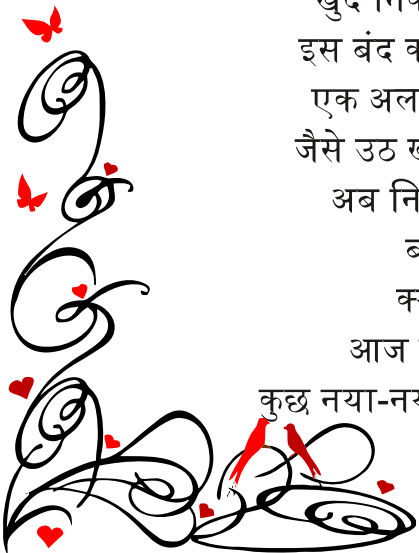
दीपक कुमार सिंह  
- नवीं 'स'





## कुछ ऐसा लगता है

आज इतनी दूर आ गए हैं हम  
 इस खाली सड़क पर  
 कि अब उस प्यारी सी गली में वापस मुड़ना  
 नामुमकिन सा लगता है,  
 इतने आँसू हैं आँखों में कि  
 मंजिल तक पहुँचने का  
 हर रास्ता धुँधला सा लगता है  
 हर वो मुकाम  
 जिस पर पाँव रखना है हमें,  
 कि अब वक़्त हमसे रूठा लगता है,  
 बस इतना बताओ मुझे –  
 कि वो बच्चे जो आज सुख को तरस रहे,  
 पल पल भूखों मर रहे,  
 क्या उनका दर्द खुद से बड़ा लगता है ?  
 उन परेशानियों में जीने वाली  
 साँसों में ज्यादा ताकत है –  
 सच ! ऐसा लगता है ?  
 खुद के दुख में न डूबो, बल्कि किसी की  
 खुशी बनो - अब तो ऐसा लगता है ।  
 जल रहा है एक दिया,  
 रोशनी नहीं पहुँच पा रही थी अब  
 तक – क्यों ऐसा लगता है,  
 न आयेगा वो दिया तुम्हारे पास,  
 तुम्हें जाना होगा  
 उस रोशनी को खींचने,  
 एक नए पौधे को सींचने  
 खुद निकलना होगा  
 इस बंद कली से बाहर  
 एक अलग ज़ब्र हो  
 जैसे उठ खड़े होने का,  
 अब निकल आओ  
 बाहर  
 क्योंकि  
 आज का सूरज  
 कुछ नया-नया सा लगता है।



## गुलाबजामुन की शादी



पूज्य,

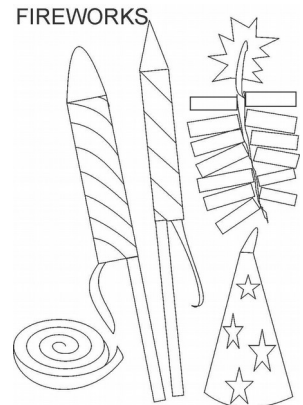
रसगुल्ला मामा एवं बर्फी भाभी के  
 प्रिय भतीजे संदेश का मीठा नमस्कार ।  
 आगे का मीठा समाचार यह है कि मेरे बेटे  
 गुलाबजामुन की शादी पेड़ानगर के  
 निवासी श्री लड्डूप्रसाद की सुपुत्री  
 रसमलाई से तय हुई है । इनका विवाह ३०  
 फरवरी की रात को १३ बजकर ६३ मिनट  
 पर होगा । आपको शादी में सकुटुंब आना है  
 । यहाँ चाट मामा और नमकीन परिवार  
 आ चुका है । दही-बड़े चाचा और जलेबी  
 चाची उनके दो बेटे – खस्ता-कचौड़ी और  
 आलू-भुजिया के साथ कलाकंद फूफा और  
 खड़ी फूफी भी आ जाएँगे ।

शादी में चमचम मौसा और इमरती  
 मौसी तथा बालूशाही जीजाजी व खीर  
 दीदी भी आए हैं ।  
 आपका लाड़ला – मठल्लू ।

: संजना यादव  
 दसवीं 'स'

## दीपावली मनाते हैं !

दीपावली मनाते हैं  
 दीपों का त्योहार है  
 घर को सजाते हैं  
 खुशी को बढ़ाते हैं  
 दीपावली मनाते हैं  
 मिठाई बाँटते हैं  
 पूजा करते हैं  
 दीपावली मनाते हैं  
 पटाखे जलाते हैं  
 मज़ा लेते हैं  
 दीपावली मनाते हैं ।





## चार दीवारी

एक दीवार पे तस्वीर जो कोई लटकाता हूँ  
तो दूजी नाराज़ हो जाती है  
जो दोनों की खुशामद करता हूँ  
तो छत सर चढ़ बोलने लगता है  
छत की नाराज़गी दूर करता हूँ  
तो रोशनदान भीहें ताने ताकने लगते हैं  
इनको भी तवज्जो देता हूँ जो सबके बराबर  
तो कोनों की काना-फूसी गूँजने लगती है  
जो इनकी भी माँग पूरी करता हूँ  
तो तल ज़मीन मुँह फेर लेती है  
इसे बैठ समझाने लगता हूँ  
तो दरवाज़े घुर्नने लगते हैं  
कभी मुँडेर, तो कभी खिड़कियाँ  
कभी सिखचें, तो कभी कुंडियाँ  
दुश्मन बन बैठ जाते हैं मेरे  
तंग आ गया हूँ मैं इस चार दीवारी की  
दास्तां-ए-सिफ़ारीस से  
कि अब तो मेरा दिल भी मुझसे  
खुली फिज़ा में साँस लेने की ज़िद कर बैठा है...

- मान



## बूँद

बैठ गई नन्हें पत्तों पर,  
आसमान से आकर बूँद  
हवा चली तो झूम रही है  
जाने क्या-क्या गाकर बूँद ।  
मोह रही है मन बच्चों का  
इंद्रधनुष दिखलाकर बूँद ।  
थककर आकर लेट गई है  
कोमल घास बिछाकर बूँद ।  
बिछुड़ी बादल से, पर खुश है  
सबकी प्यास बुझाकर बूँद ।

-सीएच० स्नेहा  
सातवीं 'अ'

## ज़माना फास्ट फूड का

देखो क्या ज़माना आया  
फास्ट फूड का मौसम आया  
हर मन को है यह भाया  
जिसने भी खाया फिर आजमाया  
लेकिन खाकर हर कोई पछताया ।

क्या रंग में, क्या नाम में तू आया  
कभी मैगी, कभी बर्गर तो कभी पिज्जा  
में आया  
सबके दिल में तू है समाया  
रूठे हुए को भी तूने मनाया  
कैसी उलझन तू ले आया ।

बच्चे तो बच्चे,  
बड़े भी अक़ल के कच्चे  
खाते हैं और कहते हैं, फास्ट फूड ही अच्छे  
समझ न पाये कोई,  
क्या राज़ हैं इसके कड़वे सच्चे ।

फास्ट फूड क्या स्वाद है तू लाया  
जिसने भी खाया उसे तूने लुभाया  
पेट भरकर सबने खाया,  
हाय ! कैसे दर्द ने है सताया  
डाक्टर को भी साथ में बुलाया ।

हाय रे ! मोटापा, पेट दर्द, दस्त व उल्टी  
अब तो कर दो आँखों से,  
फास्ट फूड की पट्टी उल्टी ।  
जिसने खाया उसकी किस्मत है फूटी,  
स्वीकार करो मेरी विनती वरना  
उम्र से पहले खो दोगे अपनी ब्यूटी ।

: अन्नम्मा जेक्रब  
परिचारिका (स्टाफ़ नर्स)





## चुटकुले

- राकेश : आज मेरी मासी बीस माले की बिलिंडिंग से कूद गई ।  
रानी : अरे ! ये तुम क्या कह रहे हो ? हमारे शहर में तो बीस माले की कोई बिलिंडिंग ही नहीं है !  
राकेश : वो दस माले की बिलिंडिंग से दो बार कूद गई ।  
रानी : हैं ?!?!?!?

- विजय : पिताजी, क्या आप आँख बन्द करके आप अपना नाम लिख सकते हैं ?  
पिताजी : हाँ विजय ।  
विजय : तो ठीक है, यह मेरा रिपोर्ट कार्ड है, करके दिखाइए ।



- शीनू : लता ! तुम क्यों परेशान हो ?  
लता : मेरी अध्यापिका मुझ पर एक ऐसे काम के लिए चिल्लाई, जो मैंने किया ही नहीं !  
शीनू : वह क्या ?  
लता : मेरा होमवर्क !

- माखनलाल (डॉक्टर से) : डॉक्टर साहब, मेरे बाएँ पैर में बहुत दर्द है ।  
डॉक्टर : क्या करें ! इसका कोई इलाज नहीं है । यह बुढ़ापे की वजह से है ।  
माखनलाल : आपको कुछ गलतफहमी हुई है डॉक्टर साहब ! मेरा दायँ पैर भी बाएँ पैर जितना ही बूढ़ा है, लेकिन उसमें कोई तकलीफ नहीं है ।

: पी. हृषीकेश  
दसवीं 'ब'

## विजेता

जीवन-दरिया में जितना भी स्नान कर लो,  
समाज के झोंके तुम्हें धूल-धुसरित कर देंगे ।  
सत्य की डोर के सहारे तुम जितना भी आगे बढ़ोगे,  
अपनी कुचालों से तुम्हें ये असत्य सिद्ध कर देंगे ।  
यदि तुम मानवता और प्रेम की मशाल लिये बढ़ोगे,  
तुम्हारे दामन को ये दागदार कर देंगे ।  
यदि तुमने इनसे मुक्काबला करने का जज़्बा दिखाया,  
तो ये अपने फरमानों से तुम्हें असामाजिक सिद्ध कर देंगे ।  
लेकिन दोस्त ! यदि तुमने इन सब पर विजय पायी,  
तो तुम्हें ये अपने सर-आँखों पर बैठाकर, नमो-नमो करेंगे ।



: श्री कृष्ण  
स्नातक शिक्षक (सा० विज्ञान)





## परीक्षा भी एक मुसीबत है

तीन अक्षर के नाम 'परीक्षा' को सुनते ही सभी को अपनी नानी याद आ जाती है तथा इस नाम को सुनते ही बड़े-बड़े भी भयभीत हो जाते हैं। परीक्षा के भय को केवल वही जान सकता है जिसने कभी परीक्षा दी हो। परीक्षा के बिना व्यक्ति की योग्यता की जाँच नहीं हो सकती है। वह जीवन में उन्नति नहीं कर सकता, आजकल कदम-कदम पर परीक्षाओं का सामना करना ही पड़ता है।

**परीक्षा के दिन** – परीक्षा के दिन भी क्या दिन हैं! न खाने की चिंता, न सोने की परवाह, न टी०वी० का आकर्षण, न खेल-कूद का समय। बस दिन-रात किताबों में खो जाइए, खूब रट्टे लगाइए और परीक्षा की तैयारी कीजिए। परीक्षा की तैयारी कीजिए। परीक्षा के दिनों में एक अजीब-सा मानसिक तनाव तथा भय विद्यार्थियों को भयभीत करता रहता है तथा इसका अंत तभी होता है जब परीक्षा समाप्त हो जाती है।

**परीक्षा की आवश्यकता** – सोचकर देखें कि यदि जीवन में परीक्षा न हो, तो विद्यार्थी-जीवन कैसा होगा? परीक्षाओं के अभाव में विद्यार्थियों को पढ़ने के लिए कौन प्रेरित करेगा, कौन भगवान बनकर जीवन में कुछ बनने के लिए इच्छा-शक्ति जाग्रत करेगा? परीक्षा के न होने पर क्या किसी के लिए पढ़ना संभव हो सकेगा? कदापि नहीं।

### वर्षा आई

के० उषा

वर्षा आई वर्षा आई  
ठंड बहुत सी ले है आई।  
आसमान से नन्हीं – नन्हीं  
जब बरसात की बूंदें गिरतीं  
तब लगता है कि ऊपर से  
मोतियों की बारिश होती।  
रात की बरसात के बाद  
सुबह जब होती  
वृक्षों की कोमल पत्तियों पर  
मुस्करातीं बारिश की बूंदें  
लुटातीं खुशियाँ ही खुशियाँ



वर्षा का मौसम कितना प्यारा !!

-प्रकृति कुमावत  
चौथी 'ब'





## पहचान

फूल रंग बिरंगे होते हैं।  
सहस्र रूपों के होते हैं।  
पर गुलाब की अपनी पहचान है  
उसके काँटे ही उसका अलंकार हैं।  
मोती तरह तरह के होते हैं।  
सहस्र रूपों के होते हैं।  
पर रत्न की अपनी पहचान है।  
उसकी चमक ही उसका अलंकार है।

लोग तरह तरह के होते हैं।  
सहस्र गुणों के होते हैं।  
पर हर एक की अपनी पहचान है।  
उनके गुण ही उनका अलंकार है।

वतन बहुत होते हैं।  
सहस्र विशेषताओं के होते हैं।  
पर भारत की अपनी पहचान है।  
उसकी एकता ही उसकी पहचान है।  
भारतीय होना भी एक पहचान है।  
यही भारतीयों के जीवन का अलंकार है।

: प्रणति  
दसवीं 'स'

## वीर

वीर कभी डरते नहीं,  
न कभी पीछे हटते।  
वह बढ़ते चले जाते हैं,  
संकटों को पीठ नहीं दिखाते हैं।  
असंभव को संभव कर देते हैं,  
दिन हो या रात,  
गरमी हो या ठंड,  
बढ़ते चले जाते हैं।  
वे मौत से डरते नहीं,  
मौत को गले लगा लेते हैं। - बी. विकास  
दसवीं- 'अ'

## पहेलियाँ

१. परत दर परत जाता हुआ,  
इसके अंदर है ज्ञान ही ज्ञान,  
बिना इसके संसार में,  
है किसी का न मान सम्मान।
२. बेटा देखा बाप से भी गोरा  
हटाओ जब ऊपर से कटोरा,  
पानी इसका मीठा है,  
सभी पीकर गर्मी भगाते हैं।
३. जब मैं होता हवा सी भरपूर,  
उड़ता जाता आसमान से दूर,  
मेरे ढेरों रंग विभिन्न आकार सजाओ,  
पार्टी करो मजे हज़ार।
- ४ पानी के ऊपर मैं चलूँ,  
कभी डोलते कभी फिसलते,  
मछुआरों के काम मैं आऊँ,  
पकड़ने मछली दूर जाते ?

एस० दीपिका (दसवीं 'स')

## सितारे

यह है मन के प्यारे,  
यह नहीं है हमारे।  
यह किसी से नहीं झगड़ते,  
अपने आप में रहते।  
इनका लक्ष्य है झिलमिलाना,  
इनका नहीं है कोई ठिकाना।  
ये होते हैं मोटे-मोटे,  
पर दिखते हैं छोटे-छोटे।

बी. विकास  
दसवीं - 'अ'

उत्तर: 1. पुस्तक २. नारियल ३. गुब्बारा ४. नाव





## मैं हूँ एक बेटी

बेटी हूँ, जीवन हूँ ।  
 भाग्य हूँ, दुर्भाग्य नहीं ।  
 वरदान हूँ, अभिशाप नहीं ।  
 पुण्य हूँ, पाप नहीं ।  
 उपलब्धि हूँ, पतन नहीं ।  
 खुशी हूँ, सुख हूँ ।  
 दुख नहीं, कष्ट नहीं ।  
 विश्वास हूँ, शक्ति हूँ ।  
 डर नहीं, भय नहीं ।  
 गर्व हूँ, दर्द नहीं ।  
 आशा हूँ, निराशा नहीं ।  
 सम्मान हूँ, अपमान नहीं ।  
 ताकत हूँ, कमजोरी नहीं ।  
 तो फिर क्यों लोग मुझे चाहते नहीं,  
 क्यों नहीं करते पसंद मुझे ?  
 क्यों लोग समाप्त कर देते हैं मेरी पहचान को ।  
 मैं ही एक शरीर में कई रूप हूँ....  
 मैं ही बेटी हूँ, बहन हूँ,  
 मैं ही अर्धांगिनी हूँ, बहू हूँ,  
 माँ हूँ मैं, घर की लक्ष्मी हूँ मैं ।  
 जन्म से लेकर मृत्यु तक  
 मैं ही तो संसार को आगे बढ़ाती हूँ,  
 लोगों के सपने मैं ही तो पूरे करती हूँ,  
 उनके जीवन में मैं ही तो खुशियों की लहर लाती हूँ ।  
 फिर लोग क्यों समाप्त कर देते हैं  
 मेरी पहचान को, मेरे सपनों को ?  
 मैं हूँ एक बेटी,  
 मुझे बनानी है अपनी पहचान,  
 पूरा करना है अपने सारे सपनों को,  
 अरमानों को ।  
 है यह मेरा हक....  
 मैं पाऊँगी अपना हक  
 मैं हूँ एक बेटी ॥



## पेप्सी-कोला

पेप्सी बोली सुन कोका कोला ।  
 भारत का इन्सान है बहुत भोला  
 विदेश से मैं आयी हूँ  
 साथ में मौत को लायी हूँ ।  
 लहर नहीं जहर हूँ मैं,  
 गुदों पर गिरता कहर हूँ मैं ।  
 मेरी पीएच० दो पाँच सात  
 मुझ में गिरकर गल जाएँ दांत ।  
 जिंक आर्सेनिक लेड हूँ मैं  
 चीर दे आँतों को  
 वो ब्लेड हूँ मैं ।  
 हाँ दूध मुझे से सस्ता है  
 फिर पीकर मुझे क्यों मरता है ।  
 ५४० करोड़ कमाती हूँ,  
 विदेश में ले जाती हूँ ।  
 मैं पहुँची हूँ आज वहाँ पर,  
 पीने को नहीं पानी जहाँ पर ।  
 छोड़ो सब तरल अब अकल से पीओ,  
 कुछ भी हो पीना संभल के पीओ।  
 बच्चों को यह कविता सुनाओ,  
 स्वदेशी अपनाओ !  
 देश को बचाओ !!



:ब्रह्मा वैद्य  
 दसवीं 'स'

- सुवर्णा साहू  
 दसवीं 'अ'





## माँ

जिंदगी की तपती धूप में  
 एक ठंडा साया पाया है मैंने ।  
 जब खुली आँखें तो अपनी माँ को  
 मुसकराता हुआ पाया है मैंने ।  
 जब भी माँ का नाम लिया ,  
 उसका बेशुमार प्यार पाया है मैंने ।  
 जब कोई दर्द महसूस हुआ,  
 जब कोई मुश्किल आई,  
 उनके आँचल में खुद को पाया है मैंने ।  
 जगती रही वो रात भर मेरे लिए ।  
 जाने कितनी रातें, उसे जगाया है मैंने ।  
 जिंदगी के हर मोड़ पर,  
 जब हुई गुमराह हो जाती मैं,  
 इसकी हिदायत पर पकड़ ली सीधी राह मैंने ।  
 जिसकी दुआ से हर मुसीबत लौट जाए ।  
 ऐसा फरिश्ता पाया है मैंने,  
 मेरी हर फिकर को जानने वाली,  
 मेरे जज़्बातों को पहचानने वाली,  
 ऐसी हस्ती पायी है मैंने ।  
 मेरी जिंदगी सिर्फ मेरी माँ है,  
 इसी के लिए तो,  
 इस जिंदगी की शमा जला रखी है मैंने ।

- हेतल पटेल,  
 ग्यारहवीं 'स'



## लक्ष्य

लक्ष्य हमेशा बड़े रखो  
 लक्ष्य पर हमेशा चले-चलो ।  
 सम्भव है इसमें बाधाएँ भी आएँ,  
 पर बाधाओं से लड़ते चलो ।  
 लक्ष्य हमेशा बड़े रखो ।  
 कोई गरीब है तो कोई अमीर,  
 पर सबकी अपनी अपनी तकदीर ।  
 हर मंज़िल तुमको मिल जाएगी,  
 अगर कर्तव्य पथ पर बड़े चलो ।  
 लक्ष्य हमेशा बड़े रखो ।  
 दौलत के लालच में न फँसना तुम,  
 गलत राह पे न मुड़ना तुम ।  
 छू लोगे एक दिन पर्वत-शिखर को भी,  
 अगर दिन के सीने पर बड़े चलो ।

लक्ष्य हमे बड़े रखो ।  
 लक्ष्य पर हमेशा चले – चलो ।

श्री नवल किशोर बैरवा  
 (प्राथमिक शिक्षक)

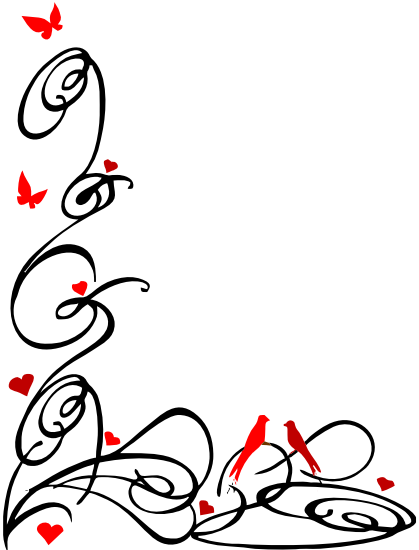
## सच्चा इंसान

सच्चा इंसान वह कहलाता है,  
 जो अपने जीवन में सच बतलाता है ।  
 सत्य उसका कर्म है,  
 सत्य उसका धर्म है ।  
 सत्य उसका अभिमान है,  
 पालन करना उसका काम है ।  
 सत्य की राह पर चलता है,  
 जीवन में उसके बाधाएँ आती हैं ।  
 सत्य बोलते ही सरल हो जाती है ।  
 सच्चा इन्सान वह कहलाता है  
 जो जीवन में सच बतलाता है ।

- रूबीना हुसैन  
 ग्यारहवीं 'स'

वो पिता ही होते हैं

माँ का गुणगान तो  
हम हमेशा करते हैं  
पर बेचारे  
पिता ने क्या बिगाड़ा है ?  
संकट से मुक्ति का मार्ग  
वही तो बताता है  
अगर माँ के पास है  
आँसू का दरिया ,  
तो पिता के पास  
संयम का अस्त्र है  
हमे याद है  
खाना बनाने वाली माँ  
पर उस खाने का इंतजाम  
पिता ही तो करता है  
देवकी और यशोदा का प्रेम  
मन में रखिए  
पर टोकरी में ले जाने वाले  
पिता को भी याद रखिए ,  
पुत्र-वियोग पर  
कौशल्या बड़ी रोई थी,  
पर दशरथ तो पुत्र-वियोग में  
स्वर्ग ही सिधार गए थे  
समय पर माँ  
होमवर्क पूरा कर देती है ,  
पर विद्यालय में प्रवेश  
पिता ही तो करता है ।





सिंहचूत

अनुभाषा

मनसा सततम्

मनसा सततं स्मरणीयम्, वचसा सततं वदनीयम्।  
लोकहितं मम करणीयम्।  
न भोगभवने रमणीयं, च सुख शयने शयनीयम्  
अहर्निशम् जागरणीयम्।  
न जातु दुःखं गणनीयं न च निज सौख्यं मननीयम्।  
कार्यक्षेत्रे त्वरणीयं, कष्टपर्वते चरणीयम्।  
विपत्ति विपुले भ्रमणीयम्।  
गहनारण्ये घनान्धकारे, बन्धुजना ये स्थिता गह्वरे  
तत्र मया संचरणीयम्।



- दुर्गा देवी  
नवीं ब

वन्दना

तमीश्वरणां परमं महेश्वरम्,  
तं देवतानाम् परमं च दैवतम्।  
पतिम् पतिनाम् परमं परस्तात्,  
विदाम देवं भुवनेशमीड्यम्॥  
एको वशी सर्वभूतान्तरात्मा,  
एकं रूपं बहुधा यः करोति॥  
तमात्मस्थाम् योऽनुपश्यन्ति धीरा,  
स्तेषाम् सुखं शाश्वतं नेतरेषाम्॥  
न तत्र सूर्यो भाति न चन्द्रतारक,  
नेमा विद्युतो भान्ति कुतोऽयम् ॥  
तमेव भान्तमनुभाति सर्वं,  
तस्य भासा सर्वमिदं विभाति॥

- वसीम  
नवी अ

अद्भुत स्वप्न

राजीवस्य अद्भुतम् स्वप्नम्  
सिंहो वदति म्याऊँ-म्याऊँ  
हस्ती धावती यथा चित्रकः  
सर्पः वदती भौँ-भौँ भाऊँ।  
भल्लूकः दुर्बलः तथा यत्।  
यथा चमरपुच्छाम् संजातः।  
मूषकभीताः धावती मार्जरी।  
शशकः धावती शृंगयुतः॥

लक्ष्मी  
आठवीं "स"

भारतम्

भारतं मम मातृभूमिः अस्ति। भारतं मम जन्मभूमिः अस्ति। भारतं मम जननी अस्ति।  
भारतस्य कथा प्राचीनतमा अस्ति। भारतस्य संस्कृतिः विश्वश्रेष्ठा अस्ति। भारते सम  
प्राणाः सन्ति।  
भारतस्य प्रकृतिः रमणीया अस्ति।

जयतु भारतम्।  
जयतु संस्कृतम्॥



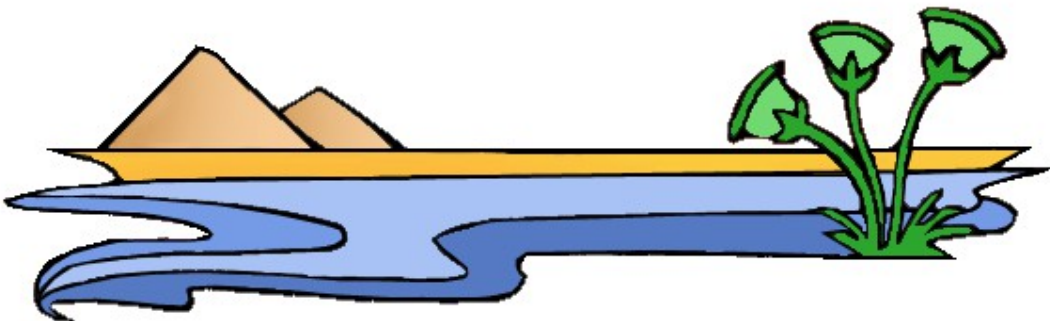
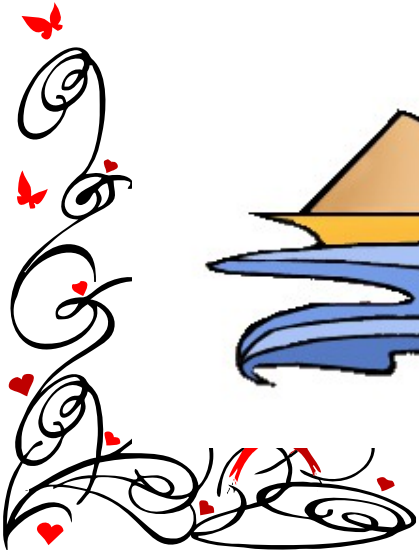


## अनुशासनम्

जीवने अनुशासनस्य अतीव महत्वं वर्तते।  
निर्धारितानां नियमानां पालनं, आदेशानां पालनं, सन्मार्गस्य अनुशरणं इति  
अनुशासनस्य अर्थः अस्ति। अनु उपसर्ग पूर्वकं शास् धातोः ल्युट् प्रत्यये कृते "अनुशासन"  
शब्दः निष्पद्यते। परिवारस्य, विद्यालयस्य, समाजस्य राष्ट्रस्य च नियमसमुदायस्य  
परिपालनं तदनुसारं आचारणं च अनुशासनमुच्यते। सर्वेषु स्थानेषु अनुशासनस्य पालनं  
परमावश्यकं भवति। अनेन विना जीवनोन्नतं न भवति। अस्य पालनेन मानवः स्वजीवने  
साफल्यम् प्राप्नोति। निष्ठापूर्वकेन सर्वधर्मस्यः कर्तव्यस्य वा पालनमेव अनुशासनमस्ति।  
यदा मानवः अनुशासनं त्यजति तदा सः सर्वधर्मः कर्तव्यः च मुञ्चति। अतः  
अनुशासनधर्मस्य, आदर्शस्य, उन्नतिः च आधारस्तम्भम् अस्ति। अनुशासनहिनाः छात्राः  
कदापि सफलताम् न प्राप्नुवन्ति।

## जलवाहिनी

भरिष्याम्याहरिष्यामि च,  
सलिलकुम्भं कियत्कालम्॥ भरिष्या.....  
शनैर्यदि यामि चिररात्राय,  
विलपिष्यति गृहे बालः।  
द्रुतं यदि यामि वसनं मे,  
भवेदारद्रम् सलिलवेगैः॥ भरिष्या.....  
ईमान् नूपुरवान् रुनञ्जुन-  
मयान् आकर्ण्य नागरिकाः।  
सुखं शय्यामधिशयाना,  
इटिति ते जागरिष्यन्ति॥ भरिष्या.....  
तनुः कूपो महालम्ब-  
स्तले तस्यास्ति पानीयम्।  
कृषन्त्या मे घटम् रज्जवा॥ भरिष्या.....



प्रातः स्मरणीय

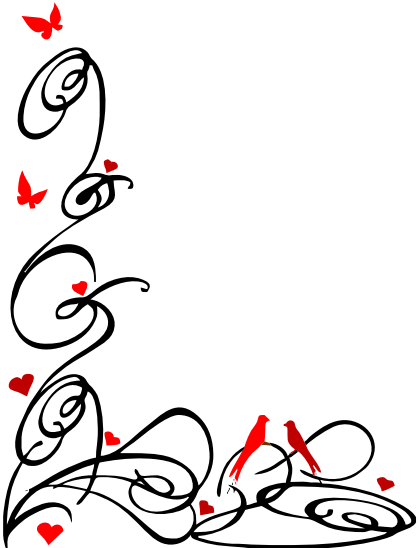
कराग्रे वसते लक्ष्मीः करमध्ये सरस्वती।  
करमूले तु गोविन्दः प्रभाते कर दर्शनम्॥  
समुद्र वसने देवि पर्वत तस्तन मण्डले।  
विष्णु पत्नी मनस्तुम्भं पाद स्पर्श क्षयस्वमे॥  
ब्रह्मा-मुरारि त्रिपुरांतकारीः  
भानु शशिभूमि सुतौ बुधश्च।  
गुरुश्च शुक्रः शनि-राहु-केतवः  
सर्वे ग्रहः शान्तिकरा भवन्तु॥  
गंगा सिन्धुश्च कावेरी यमुना च सरस्वती।  
रेवा कृष्णा महानदी गोदावरि ब्रह्मपुत्रः पुनातुभाम्॥  
अयोध्या मथुरा माया काशी वांचि अवंतिका |  
पूरी वैशाली द्वारिका गया चैव साप्तैता मोक्ष दायिका॥  
चतुर्वेदाः पुराणानि सर्वेपनिषद्स्तथा।  
रामायण भारतं च गीता रुद्रदर्शननिच ॥  
प्रकृतिः पञ्च भूतानि गृह्य लौकाः स्वरास्तथा।  
दिशः कालश्च सर्वेषाम् सदा कुर्वन्तु मंगलम्॥

भोजन

ॐ सहानुभवतु सहनौ भुनक्तु सध्वीर्यङ् करवाबहै।  
तेजस्वि नावाधीतमस्तु मा विद्विषा बहै॥  
ॐ शान्तिः शान्तिः शान्तिः ।

-राजेश कुमार मीना

-TGT संस्कृत





समानमस्तु वो मनः rrrrrrrrr

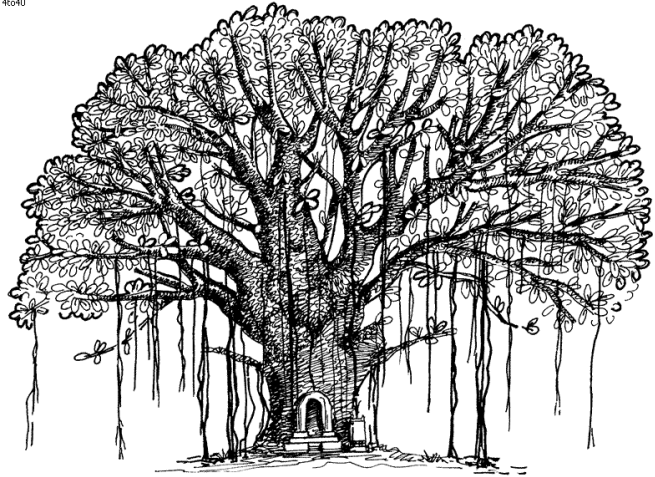
सङ्गच्छद्वं संवदध्वं  
 सं वो मनांसि जानताम्।  
 देवा भागं यथा पुर्वे  
 संजानाना उपासते ॥  
 समानो मन्त्रः समितिः समानी ,  
 समानं मनः सह चित्मेषाम्।  
 समानं मन्त्रमभिमन्त्रये वः ,  
 समानेन वो हविषा जुहोमि ॥  
 समानी व अकूतिः,  
 समाना हृदयानि वः ।  
 समानमस्तु वो मनो  
 यथा वः सुसहासति॥३॥



- काजोल मोहंती  
 दसवी अ

सुभाषितानि

नास्ति विद्यासमं चक्षुः, नास्ति सत्यसमं तपः।  
 नास्ति रागसगसमं दुःखं, नास्ति त्यागसमं सुखम्॥ १॥  
 शुश्रूषा श्रवणं चैव ग्रहणम् धारणम् तथा।  
 ऊहापोहार्थविज्ञानं तत्वज्ञानं च धीगुणाः॥ २॥  
 माधुर्यमक्षरव्यक्तिः पदछेदस्तु सुस्वरः।  
 धैर्यं लयसमर्थम् च षडेते पाठका गुणाः॥ ३॥  
 भगवन्किमुपादेयं ? गुरुवचनं, हेयमपि च किं?अकार्यम्।  
 को गुरुः? अधिगततत्वः शिष्यहितायोद्यत्तः सततम्॥ ४॥  
 को अनर्थफलः?मनः, का सुखदा?  
 सर्वव्यसनविनाशे को दक्षः? सर्वथा  
 अरुणाचलम्  
 X A

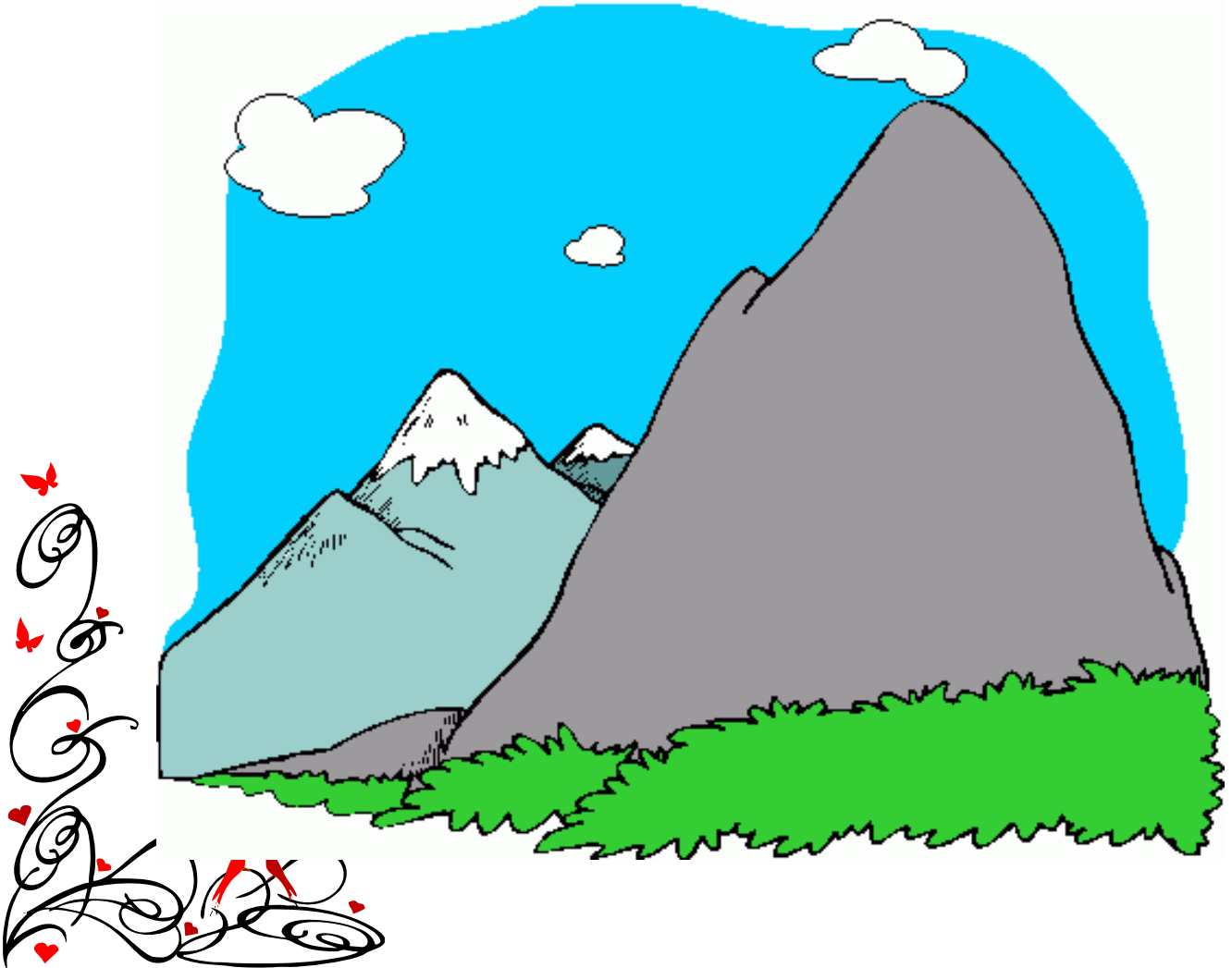


हिमालयः

अस्त्युत्तरस्यां दिशि देवतात्मा  
हिमालयो नाम नगाधिराजः।  
पूर्वापरौ तोयनिधी वगाह्य स्थितः  
पृथिव्या इव मानदण्डः ॥

अनन्तरत्नप्रभवस्य यस्य हिमं न सौभाग्यविलोपि जातम्।  
एको हि दोषो गुणसन्निपाते निमज्जतीदोः किरणेष्विवाङ्कः॥  
आमेखलं सञ्चरता घनानां छायामधः सानुगता निषेव्य।  
उद्वेजिता वृष्टिभिराश्रयन्ते शृङ्गाणि यस्यात्पवन्ति सिद्धाः॥  
कपोलण्डूः करिभिर्विनेतुं विघट्टितानां सरलद्रुमाणाम्।  
यत्र स्रुतक्षरितया प्रसूतः सनूनि गच्छः सुरभीकरोति॥  
दिवाकराद्रक्षति यो गुहासु लीनं दिवाभीतमिवान्धकारम्।  
क्षुद्रे अपि नूनं शरणम् प्रपन्ने ममत्वमुच्चैः शिरसा सतीवा।

-बी० भार्गवी, के० धनुषा ,  
आठवी "स"





# Achievements ....



1st position  
in inter school badminton U-16 (Girls)



1st position  
in inter school badminton U-19 (Boys)



1st position  
in inter school football match U-17



Bhibhu P Nayak, VIA, Selected  
for Three Tier National Level Competition  
Under IEC activities of  
Ministry of Water Resources 2014





Mr. Anoop, PGT Commerce,  
being handed over the Letter of appreciation  
from the HRD Ministry for best results in the region



Mr. Siva Das, PGT Physics,  
being handed over the Letter of appreciation  
from the HRD Ministry for best results in the region



P.S.M. Jayanth, VIC, Selected  
for National Level Competition  
on Energy Conservation 2014



# ANNUAL EXHIBITION





# CHILDRENS DAY









# Commemoration of National Unity Day









# Independence Day





# Republic Day





# Scout & guide ACTIVITIES





# Sports Day









# Swacha Bharat 2 October





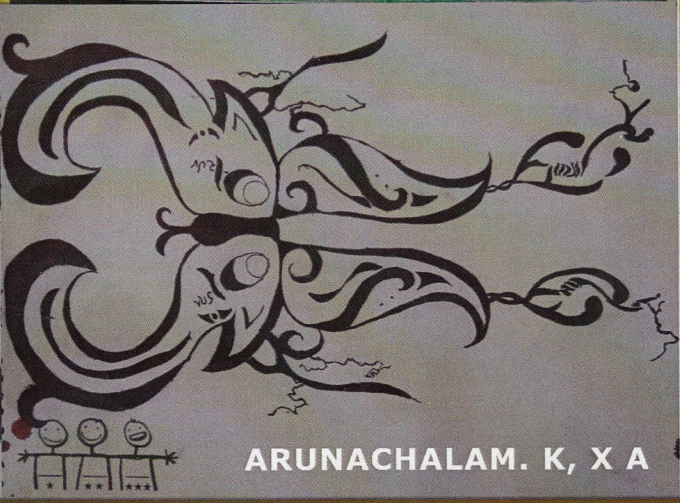
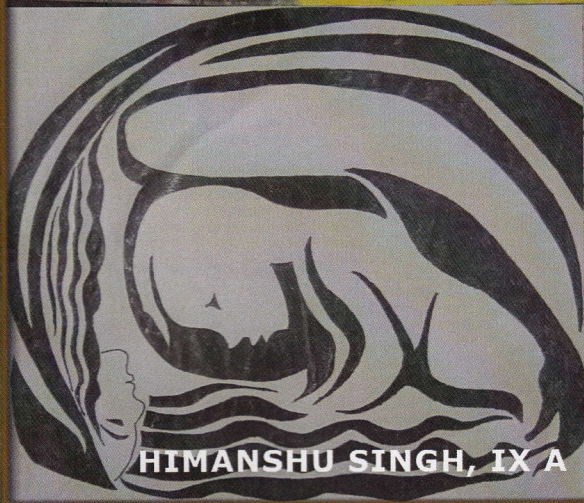
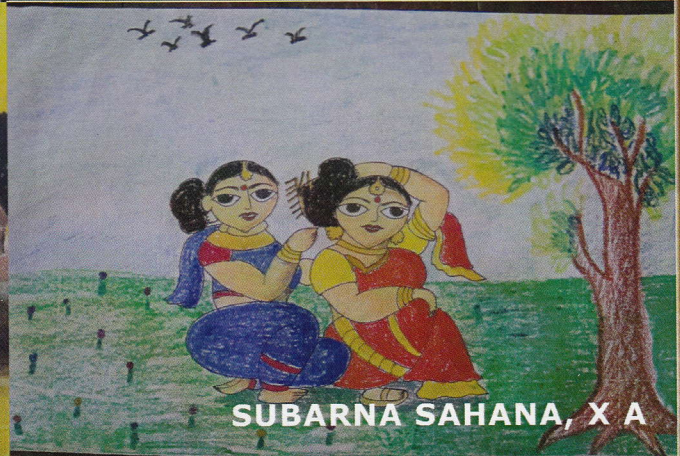
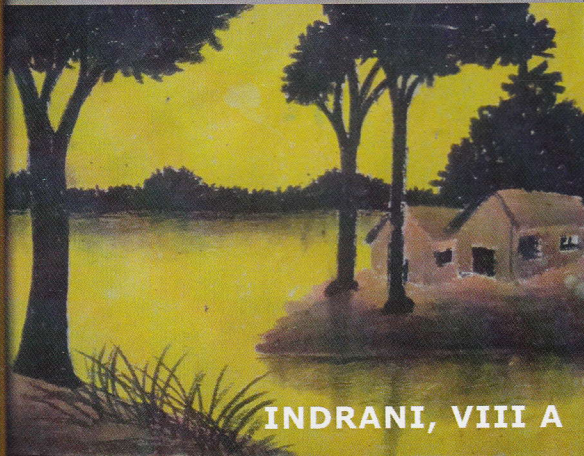
# Teachers Day





# Creative

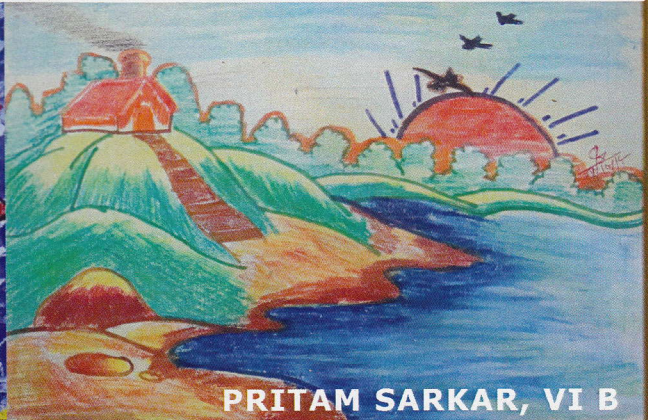
# corners







SHIVANGI LALL, VI C



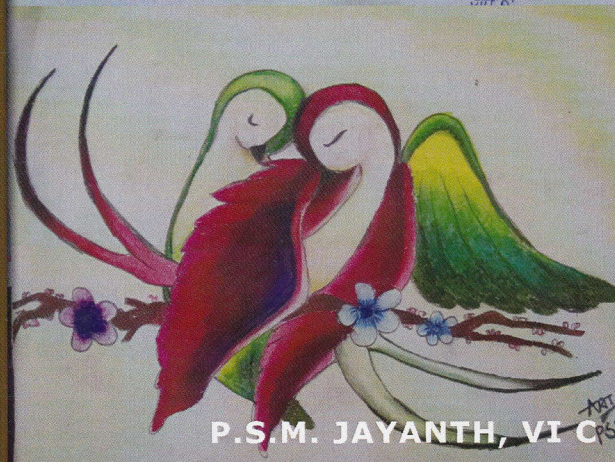
PRITAM SARKAR, VI B



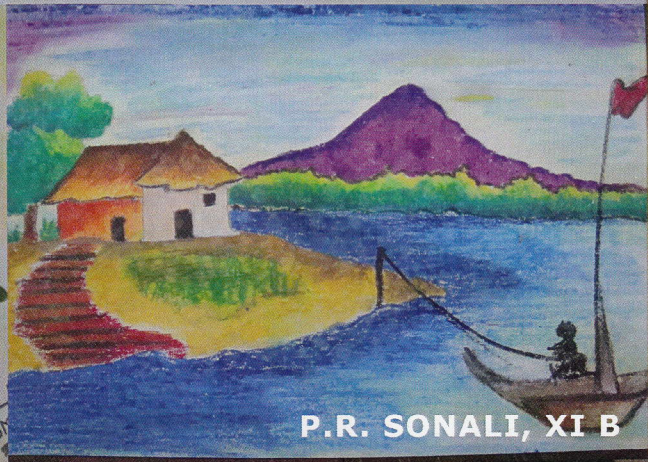
B.KARTHIKEYAN, VIII A



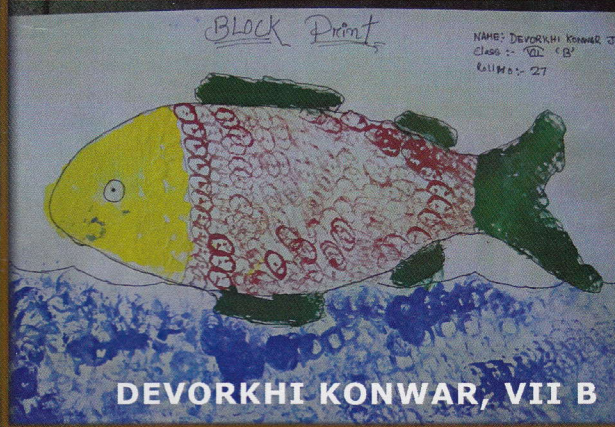
B.Karthikeyan  
VIII A



P.S.M. JAYANTH, VI C



P.R. SONALI, XI B

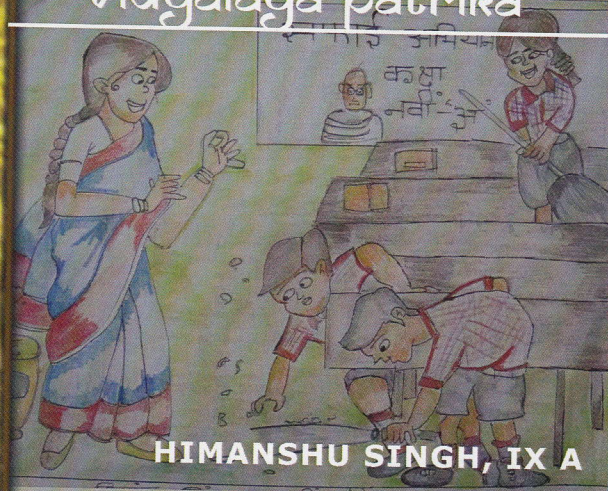


DEVORKHI KONWAR, VII B

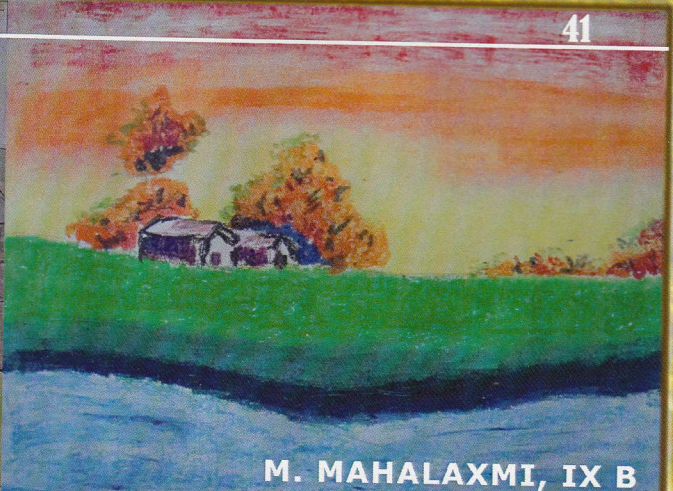


Y.BHAVISYA, VI A

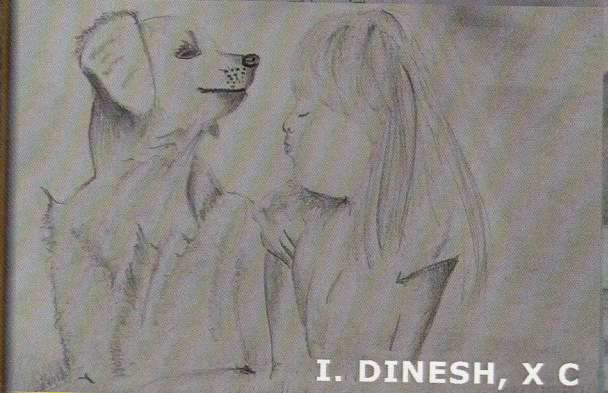




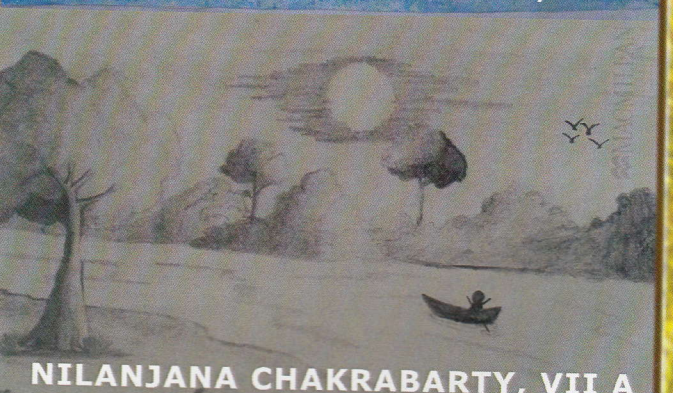
HIMANSHU SINGH, IX A



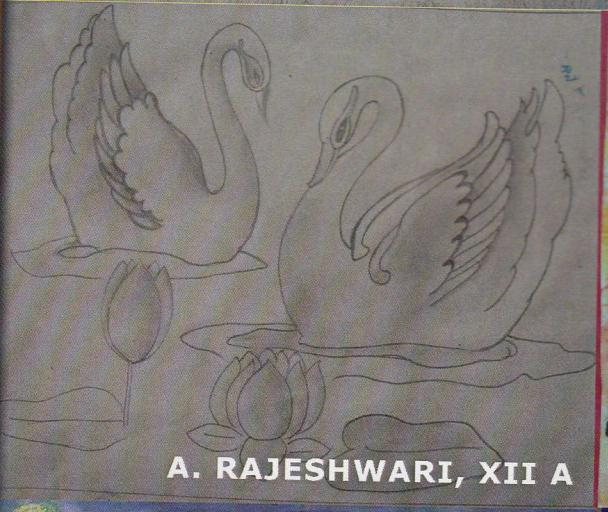
M. MAHALAXMI, IX B



I. DINESH, X C



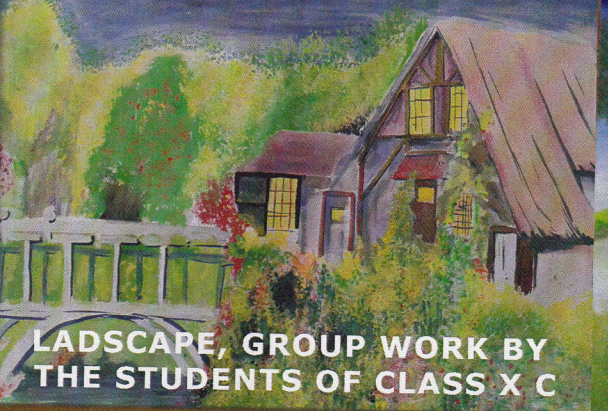
NILANJANA CHAKRABARTY, VII A



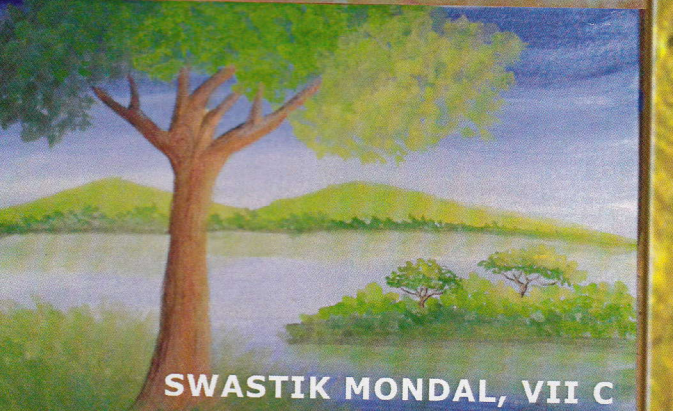
A. RAJESHWARI, XII A



MIX MEDIA WORK, ANJALI, VII A

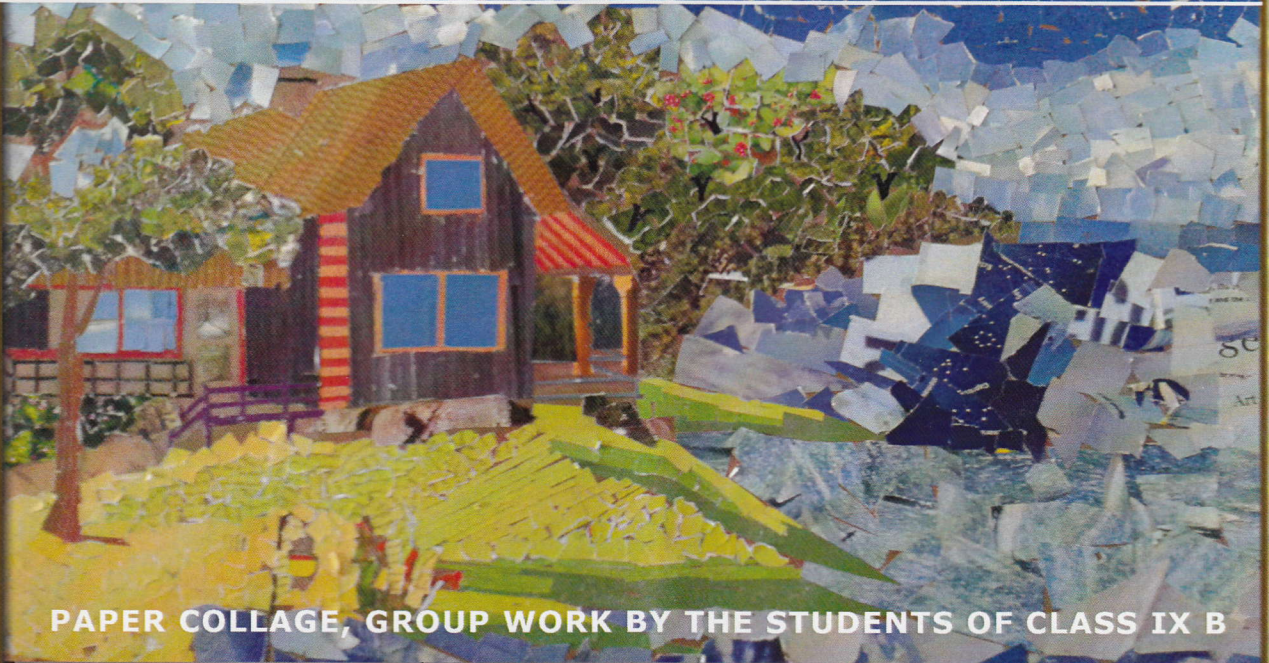


LADSCAPE, GROUP WORK BY THE STUDENTS OF CLASS X C



SWASTIK MONDAL, VII C





PAPER COLLAGE, GROUP WORK BY THE STUDENTS OF CLASS IX B



M. MAHESH KUMAR, VIII C



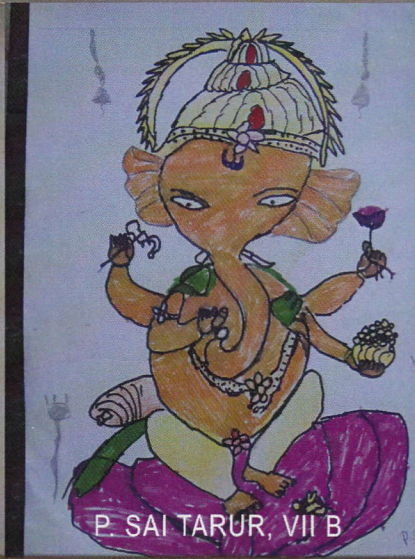
RITHU, XII B



M. SIVARANJANI, X B



K. PRANATHI, X C



P. SAI TARUR, VII B



MAHESH KUMAR, VIII C



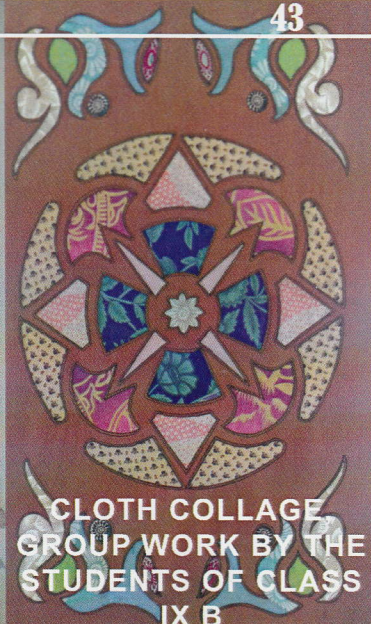


T MAULI, X C



Art By: Chanda XII-B

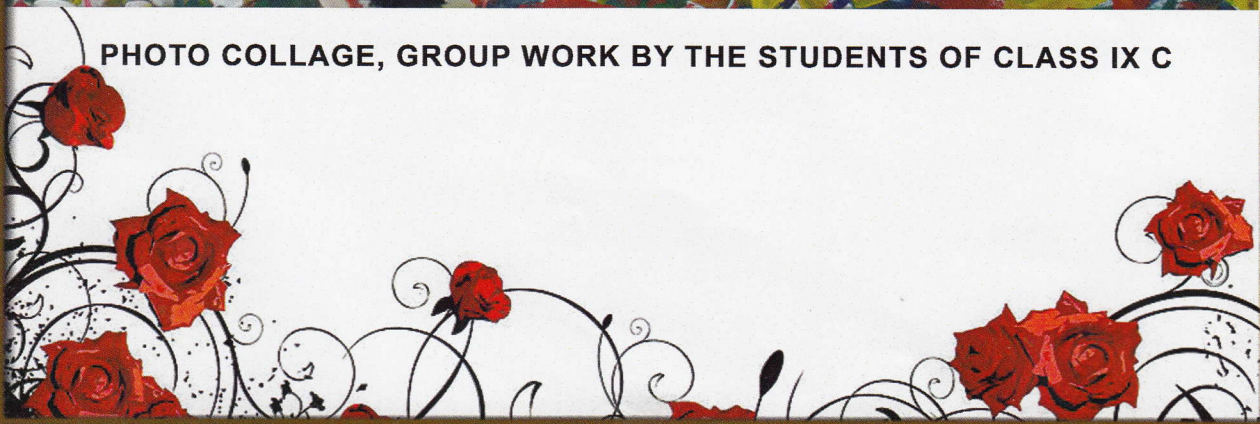
CHANDA, XII B



CLOTH COLLAGE  
GROUP WORK BY THE  
STUDENTS OF CLASS  
IX B

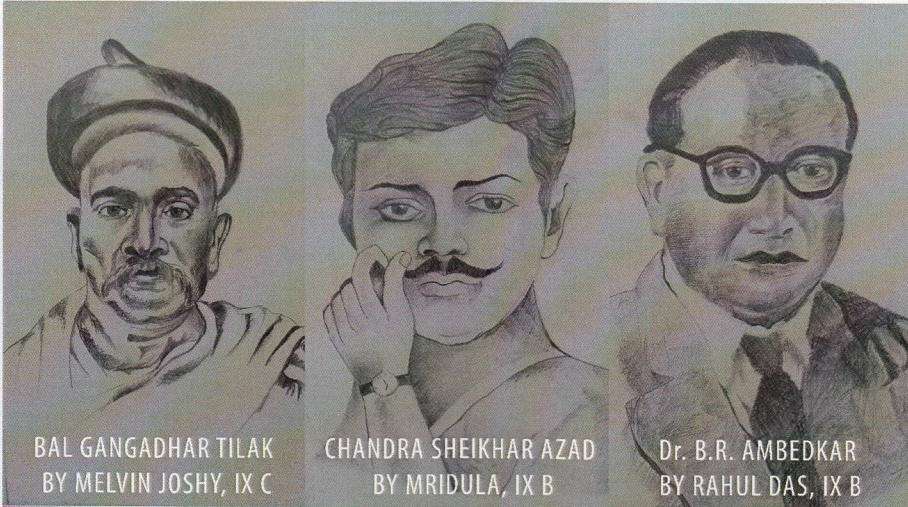


PHOTO COLLAGE, GROUP WORK BY THE STUDENTS OF CLASS IX C





# Portraits



BAL GANGADHAR TILAK  
BY MELVIN JOSHY, IX C

CHANDRA SHEIKHAR AZAD  
BY MRIDULA, IX B

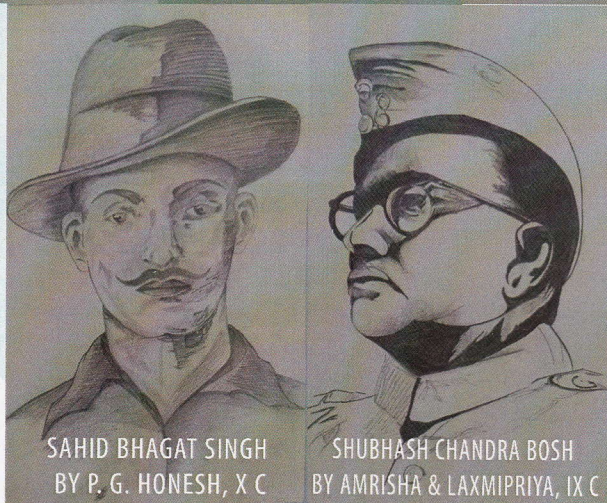
Dr. B.R. AMBEDKAR  
BY RAHUL DAS, IX B



GAUTAM BUDDHA  
BY APOORVA & DISHA, IX C

JAWAHAR LAL NEHRU  
BY I. DINESH, X C

RAANI LAKSHMI BAI  
BY M.P. SAMYUKTA, IX B



SAHID BHAGAT SINGH  
BY P. G. HONESH, X C

SHUBHASH CHANDRA BOSH  
BY AMRISHA & LAXMIPRIYA, IX C





**English  
Section**



## Punishments Boost???

Punishment can be informally defined as rough treatment. A person's life is never free from it. I believe a person is most punished when he/she is a child. We can always argue why a child gets evident punishments than an adult. But I would like to confine my thoughts to punishments meted out to students and how they react to it.

Obviously nobody likes being punished and now corporal punishments are banned in the schools too. Then why should I talk about punishments? I know you might be wondering on this. I want to share certain experiences where I felt punishments have boosted my spirits to perform well. Very first "impositions" – I know how boring or tiring it is to write something repeatedly 20 or 50 times. But I confess I still remember the line I wrote 50 times as imposition.

"Swachh Bharath", the latest slogan of our nation. I realized its value and the effort that goes to keep our classroom and school clean when as punishment my class was asked to clean the classroom for dirtying it excessively. From that day onwards we took extra endeavors to keep our classroom clean. Similarly when we were asked to make the desks spotless again; we realized that our names have to be eternally carved into the pages of history through our deeds not on the desks with our pens.

One stare or thunderous voice of the teacher is more than enough to well our eyes with water and mend our ways. Based on personal experience I say punishments boost the morale. It is not good to criticize everything sometimes blessings are camouflaged.

R. Sindhu, XII C

## A Minute to Gear Up

Have you e  
inactiveness? At th  
loud and clear to b  
done? Why I have t

Most of the  
help us run away fr  
like a baby, sit all  
someone will pick  
and it is not 'some  
need to develop a'

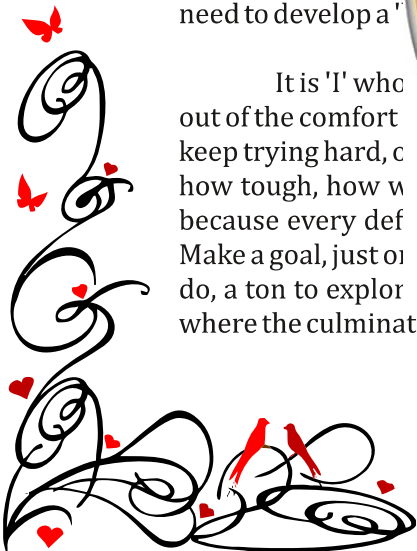
It is 'I' who  
out of the comfort  
keep trying hard, c  
how tough, how w  
because every def  
Make a goal, just o  
do, a ton to explor  
where the culmination point should be and go for it.



nd, loneliness and  
ence – which is too  
hy me? What have I

ses; excuses which  
lity. All we do is cry  
or someday when  
t 'someone', it is 'I'  
e all things fine. We

e in reality. Getting  
ss us, but when we  
tter how irritating,  
not be 'a cry baby'  
; deep into failure.  
dy. There is a lot to  
we narrate. Know









## HEAVY DEPENDENCE OF GROWING CHILDREN ON INTERNET

Today, we all see that the use of internet is growing day by day, now if we want to convey a message to our friends who are 1000s of km away, we can do so through internet in a fraction of seconds.

But, there is a major disadvantage with internet, i.e. it is paving a way for children's laziness. Now if a child wants to do his homework, he is searching for the answers in internet, and he also gets the answers readily. So, in this way a child becomes very habitual and dependent towards internet. Because of internet children are not using their own brains to solve questions instead they are taking readymade information from the computer. This makes them languid and finally addicted and dependent upon computer. Too much of internet exposure corrodes a child's mind just like an iron rusts due to excessive contact with air or water. Children should develop their thinking skill, creativity and competence by using their ideas not borrowing readymade ideas from the internet.

It is good to have computer and internet, no denying its uses. But heavy dependence upon computer will harm our skills and will turn us into a 'computer' which needs input to function as it has no brain of its own.

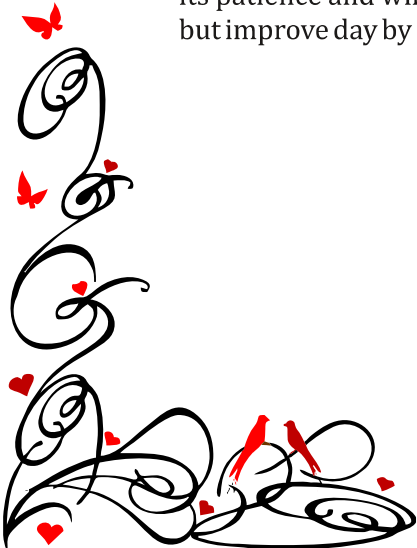
U.Giri Shanker, X A

## A Good Student

A good student is one who loves his studies and does justice to his books. One can become a good student by having huge desire and passion to learn and explore something new. He must consider his studies to be his priority and try to make best use of the time available for studies. He should always keep in mind, the respect of his books, teachers and fellow students. A good student is never jealous in intellectual matters and does not take short cuts towards the tasks of his studies. To become a good student one must always try to be punctual in all his activities. Punctuality gives us self confidence and self discipline. There is a famous saying, "All work and no play makes Jack and Jill a dull boy and a girl." So, a good student must take active part in the assembly programmes, CCA and sports.

I believe that, "Patience, persistence and perspiration make an unbeatable combination for success." A good student needs to be polite, punctual, honest, active, organized and self - disciplined. And above all a good student should be hard working, creative and obedient. Evidently it is not the size of the seed that determines its progress, but its patience and will to persevere! So, a good student should not only aim at becoming good but improve day by day and become better and then one day the best student of his school.

V. Gautam, V A





### My Greedy Wishes

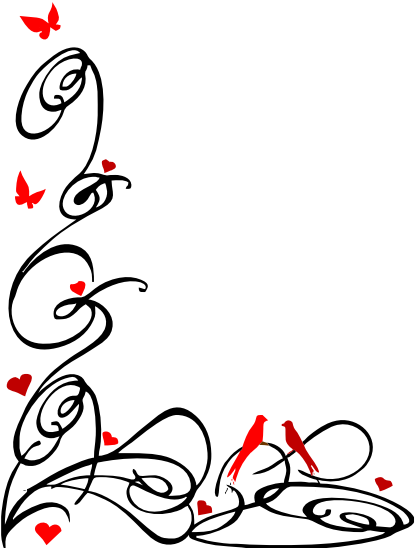
- Let there be no poor people in my country.
- Until poverty is abolished, let there be at least four people each competing to help the underprivileged.
- Every Indian should excel in humanitarianism.
- Let all the courts and police stations become workless and unnecessary. There shall be no one committing crimes.
- India should become a country, where there is plenty of milk and honey flowing and a country of prosperous, rich and wise people.
- Let caste and communal clashes disappear from our land. Let there be religious harmony among all the Indians. The belief in "One God, one race" should reflect in their hearts, thoughts and actions.
- My mother India should occupy the first place in the world.
- Foreigners should exclaim: "What a change India has undergone! Unbelievable" at the progress of the country.
- These wishes should find a place in the hearts of every Indian.
- I should get a big and permanent place in the Heart of God.

M.V.S. Santoshi, XII C

### Inspiring Thoughts

- ↔ Learn from yesterday, live for today and hope for tomorrow.
- ↔ Hurt people with the truth, but don't hurt them with the lie.
- ↔ Failure is not crime, but lack of efforts.
- ↔ To make children capable of honesty is the beginning of education.
- ↔ Nature gives birds their food but does not put in their nest.
- ↔ Do not get confused between dreams and targets.
- ↔ A horse that pulls cannot kick, and a horse that kicks cannot pull. So let us pull and stop kicking.
- ↔ To be successful ground work is must.
- ↔ Until you spread your wings, you never know how far you can fly.
- ↔ Hard work is your first step towards success.
- ↔ Do not look upon the flame of the candle, look upon the stand which holds it.

Divya, XII A









## Facts of Life

- ✓ We always feel that life of others is better than us! But we always forget that we are also others for someone else.
- ✓ Whenever we share the goodness of our heart.... We will always end up winning because life is like an echo. It gives you back what you have given.
- ✓ Life does not provide warranties and guarantees it provides possibilities and opportunities for those who dare to make best use of it.
- ✓ Life gives strange twist, sometimes someone we trust hurts us and someone whom we never bothered about stands for us.
- ✓ Every tear is a sign of = Onion!  
Every silence is a sign of = Zero balance!  
Every smile is a sign of = Daily brushing!  
Life is simple, don't make it complex

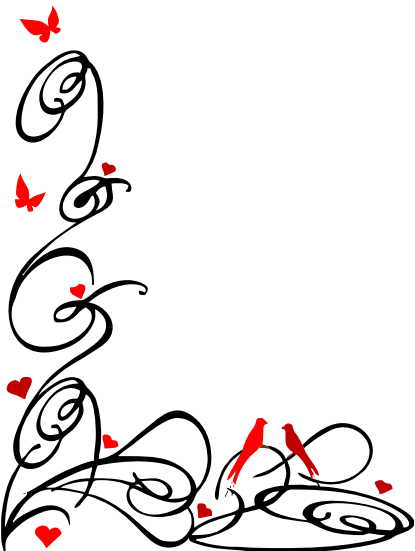
Dhanapriya, XII B

## SOME CUTE AND INTERESTING THOUGHTS

- If the path is beautiful you may ask where it leads?But... if the destination is beautiful you may not ask how the path is???
- You are the best heart surgeon in the world because you made a place for you in my heart without cutting or spilling or spilling a drop of blood.
- Respect is for those who deserve it, not for those who demand it.
- One of the greatest lines: "Ice melts when heated... But eyes melt when hurt". So don't hurt anyone.
- Like those people who don't like you, believe those people who don't believe you, but ... live with those people who really want to live with you.

A cute SMILE has a small meaning... Speak-More-in-less-energy.....

T.Kohila Vani, X C





### Some Scientific Facts

- ❖ A single poison arrow frog found in the Amazon rainforest has enough nerve toxin to kill 2,500 people.
- ❖ The thumb has a separate region reserved for it in the brain.
- ❖ Apples are more efficient than caffeine in waking you up in the morning. The apples contain a form of fructose that is particularly effective for alertness.
- ❖ Our galaxy is so wide that, at the speed of light it would take 1,00,000 years to cross it.
- ❖ The Lorcel Mushroom contains such a powerful poison that even smelling it can cause nausea, dizziness and severe headache.
- ❖ The coldest place on earth in Vostok station, Antarctica, with mean temperature of -70 Fahrenheit.
- ❖ The first known surgery for cataract was performed in the Egyptian city of Alexandria in about AD 100.
- ❖ The moon's gravitation slows down Earth's rotation by about two milliseconds per century.
- ❖ A fax machine cost about \$20,000 in 1952.
- ❖ There are exactly 8,589,934,592 bits in a gigabyte.

Source: Goodwill's Science Facts

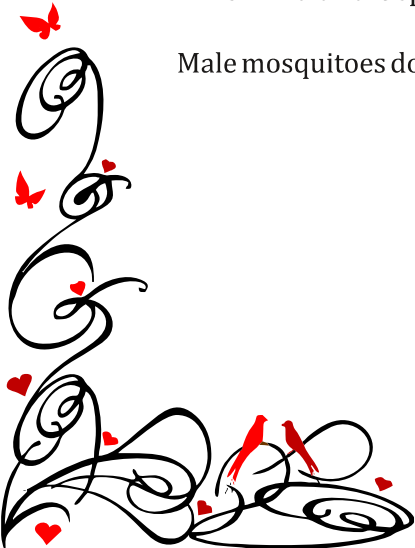
Manas, XII A

### Astounding facts

- 1- Pigeons can see ultraviolet light, humans cannot.
- 2- An African animal called OKAPI, looks like a zebra, but is more closely related to the giraffe and has a black tongue.
- 3- A cat uses its whiskers to tell if its prey's pulse is gone.
- 4- The word 'panic' is derived from the name of a Greek mythological character named PAN who was half goat and half-man.
- 5- Malaria is spread by the female mosquito.

Male mosquitoes don't bite humans.....

G.Poojashree, IX-B









## Meet Ms. Shakuntala Devi

Shakuntala Devi was born in 1933. In 1980 she gave the product of two 13 digit numbers within 28 seconds. Many countries have invited her to demonstrate her extraordinary talent. In Dallas she competed with a computer to see who gives the cube root of 188138517 faster, she won at university of U.S.A.

M. Adhilakshmi, VIII B

## AIR TYPE

Airtype is a new portable cuff-line device that attaches to our hands and monitors. With the finger movement it finds out the letter we intend to type. Airtype is still in a prototype stage and makers say that the device is no different than typing on a keyboard and allows us to type on any surface. The device makes the letters we want by learning our fingers movements. The makers describe airtype as a keyboard that fits in the palm of our hand. However, the team is not saying how exactly the prototype works, but it will mostly connect to devices via Bluetooth and NFC since it doesn't have any wires.

Tushar Singh, X 'B'

## To Improve Yourself

- The six most important words  
- "I admit I made a mistake."
- The five most important words  
- "You did a good job."
- The four most important words  
- "What is your opinion?"
- The three most important words  
- "If you please."
- The two most important words  
- "Thank you".
- An important word  
- "We".
- The least important word  
- "I"

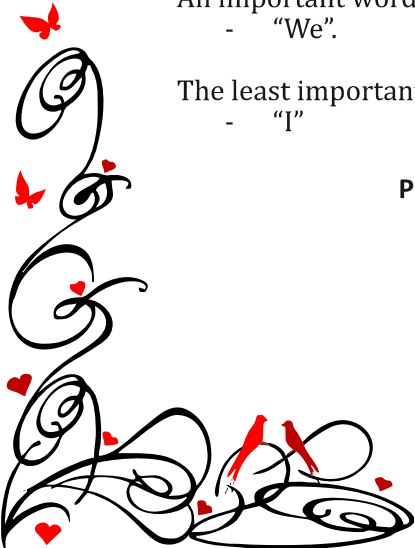
Purvasha Mishra, IX A

## Dictionary an amazing place

In dictionary: -

- Death comes before life.
- End comes before start.
- Divorce comes before marriage.
- Child comes before parents.
- Evening comes before morning.
- Result comes before test.
- Destination comes before struggle.
- Doctor comes before fever.
- Dinner comes before lunch
- Friends come before relatives.

Anuj Kumar Tiwari, IX-B





## “MANTRAS” FOR A HAPPY LIFE

1. FOLLOW THE POLICY OF FORGIVE AND FORGET
2. COUNT YOUR BLESSINGS, NOT YOUR CURSES
3. ALWAYS TAKE ADVICE OF ELDERS BEFORE DECIDING
4. MINIMIZE RISK OF FAIURE BY GAINING CONFIDENCE
5. AVOID WORRY FOR IT IS LIKE A FIRE THAT BURNS EVERYTHING
6. HAVE PATIENCE FOR IT IS THE KEY TO SUCCES
7. ALWAYS BE A PLEASING PERSONALITY, NEVER BE EGOISTIC
8. VALUE THE TIME FOR IT WAITS FOR NONE
9. MINIMIZE DESIRES AND BE CONTENTED WITH WHATEVER YOU HAVE.

Tulsi Kumari Yadav, X A

## Read Clearly to know the difference between ... Real Friend and Just Friend

- Just Friend: Calls your name sweetly.  
 Real Friend: Calls you always with stupid silly names.  
 Just Friend: Has never seen you cry.  
 Real Friend: Cries with you or stops you from crying.  
 Just Friend: Will never hurt you.  
 Real Friend: Hurts often with thousands of apologies.  
 Just Friend: Knows a few things about you.  
 Real Friend: Could write a book on you.



P. Amrisha, IX C

## Receipe of Making a cup cake

- Ingredients required :
- |                      |   |  |
|----------------------|---|--|
| Milk powder          | : | One cup  |
| Butter               | : | ½ Cup (kept out of fridge in room temperature for an hour. |
| Milk                 | : | Three teaspoons  |
| Cocoa Powder         | : | One cup  |
| Icing sugar          | : | one cup  |
| Cashew, Badam, Pista | : | ¾ cup (cut into small pieces)                              |
| Paper cups           | : | 20 (for cup cake)  |

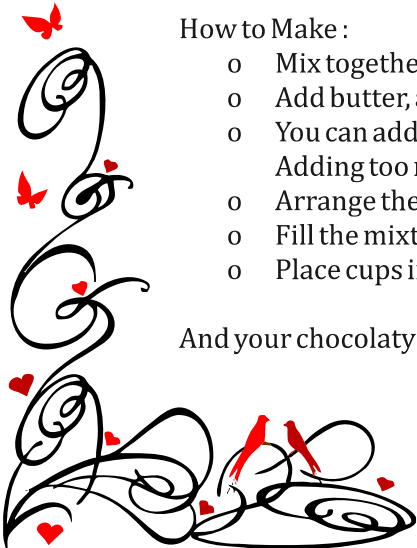


### How to Make :

- o Mix together the milk powder, cocoa powder and icing sugar in a bowl.
- o Add butter, and mix it clockwise.
- o You can add a few drops of milk and pieces of nuts to the mixture.  
Adding too much milk will turn the mixture runny. It should be thick.
- o Arrange the paper cups on a table.
- o Fill the mixture into each paper cups.
- o Place cups in the fridge for an hour, until the mixture sets.

And your chocolaty cupcakes are ready to eat!

AbhistaBagchi, V B





## Daughter to Parents

I had never been a good child,  
 But still you love me a lot.  
 No one in this world can give -  
 The love and understanding that you give.  
 Still the relationship remains meaningless and empty.  
 Everything is shared but still some secrets untold.  
 If I could understand you -  
 I would have told you the secrets.  
 The secrets, which turned into mistakes and repentance.  
 Whenever in pain or talk foolish  
 You understand me and still love me.  
 Never you hated me or ignored me.  
 We fight or I am beaten -  
 But still the day end in happiness.  
 It's all because of you -  
 You gave, made me learn everything,  
 But you didn't teach me the way to understand you.  
 Still I find the way to do it .....



R. Sindhu, XII C

## SECONDS OF MINE

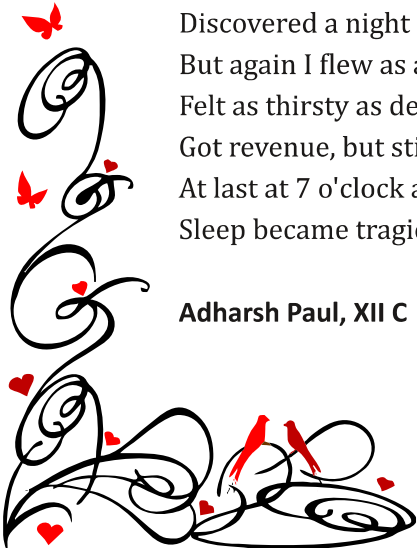
I took a magic sleep,  
 Body went like a breathless bird.  
 Swinging in the clouds of dreams,  
 Showering from river of thoughts  
 With troubled sea of the mind -  
 State of being upheld in fan of life,  
 Went deep in dream with anchor of ship,  
 Counting days of future  
 Life goes on gets so heavy,  
 Found wheels break the butterfly.  
 Discovered a night - a stormy night,  
 But again I flew as an albatross  
 Felt as thirsty as desert of knowledge.  
 Got revenue, but still eager for gain.  
 At last at 7 o'clock at daybreak  
 Sleep became tragic.

Adharsh Paul, XII C

## Exam!!!

Exam! Exam! How troublesome!  
 Books and notes 'r' really irksome!  
 Worrying about them all throughout the  
 night,  
 Studying, during power failure, in  
 candle light!  
 Trying to remember what teachers  
 said,  
 Trying to cram everything into head!  
 Waking up at the crack of dawn,  
 Unsuccessfully trying to stifle a yawn,  
 Tell me a place where there is a rule ...  
 That there be no exams at school!  
 What fun it would be to just laugh and  
 play,  
 No exams before X'mas holidays...!

Arshiya Nawab, XII A

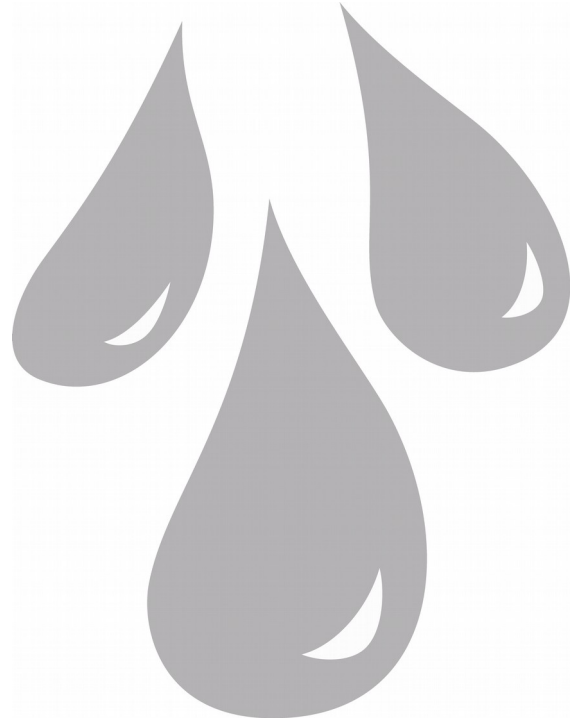




## Water Sustains Life

Don't waste water because  
 Water sustains life.  
 Understand the value of water  
 It gives life to plants,  
 Youngest and biggest creatures.  
 It comes from seas and oceans –  
 The wind blows these mobs of vapour  
 And impinge from hills.  
 These streams are converted into water.  
 And start to rain near hills and plains.  
 The rain blesses the peasants,  
 The plants and all types of mortals.  
 Water gives us life and safe surroundings,  
 Some places of water are very sweet.  
 Somewhere soda and somewhere salty.  
 But water is water don't waste it.  
 It sustains life.  
 It takes life in the form of flood and damages.  
 Life is converted into death.  
 And deficiency of water too brings bereavement,  
 So save water as it sustains life.  
 Don't pollute water  
 Because water is life.

Aishwarya Rakesh, XI B



## The Best Teacher

In my life came many teachers,  
 But since you came it seems like books are preachers.

You taught me what freedom meant,  
 And how studies in life are relevant.  
 You took my creativity ahead,  
 Thank God!!!

You came or else the child in me was to be dead.

You conquer my heart,  
 And I want you should never depart.  
 If am ink you are my pen,  
 If you are a car, I am your dent.

Since the day we met,  
 I hope I didn't give you a chance to regret.  
 Lock me in your eyes,  
 And throw away the key.

Coz, I see a dream  
 And I am sure...  
 You will make me reach my destiny.

Ashwini Sudeep, XI B



## EXAM FEVER

During February and March  
Students suffer from an illness  
About which is not much known.  
Symptoms are shivering, with  
Hot flashes of fear  
Accompanied by partial  
Or full paralysis,  
Some become hyperactive.  
Others have an allergy to advice and books.  
Many patients want to disappear.  
Because facing exams is similar to facing life.  
But there is no other option  
So, don't give up.  
And try to solve it.  
It is the time to move the steps fast,  
And be relaxed about the results.



M.Priscilla, XII B

## MY CRAZY FRIENDS

For some 'friends' are an expression  
But for me it is life  
We cry together, laugh together, eat  
together  
We believe friends are forever.

It is true, we fight  
But what's love without fight  
Even though we criticize each other  
We never forget to say sorry,  
We do make them worry.

But the care we give is incomparable  
Friendship begins with silence  
For some it ends with violence  
But for me it never ends.

Mega C Babu, XA

## Girls

We are the smile of someone's face,  
We are God's grace.

We are the blooming rose between the thorns  
We are delicate as baby corns.

We are the diamond found within the coals,  
We give life to a pure soul.

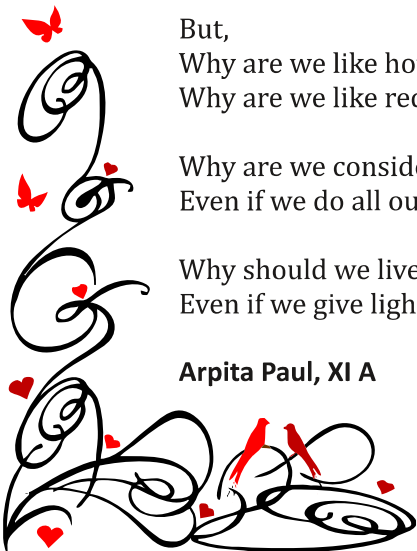
We are the brightness of the sun,  
We are bullets of the gun.

But,  
Why are we like hot rocks flanked by the fire?  
Why are we like red rods kept in furnace?

Why are we considered weakest in the society  
Even if we do all our duties.

Why should we live in the darkness  
Even if we give light to new eyes.

Arpita Paul, XI A









Does anybody understand life? Perhaps the answer is “no” but yes, all of us are aware of certain realities of life; the subsequent poem is an attempt to state the known realities which are often ignored.

### VALUES OF LIFE

Death is the truth of life, accept it.  
Tear in the enemy of courage,  
Run away from it.  
Hard work in the key to success,  
Always remember it.  
Obstacles are a part of life, face it.  
Trust in the foundation of relationship,  
Don't break it.  
Time is the heal for every wound,  
Leave it.  
Actions are greater than discussion,  
Perform it.  
Knowledge in the weapon of wise,  
Spread it.  
Dreams are the goals of life, achieve it.  
Discovery is the invention of new things,  
Search it.  
Experiences give lesson to learn,  
Share it.  
Strength comes from indomitable will,  
Hold it  
Nothing seems difficult in the world,  
Try over it.

T.Mouli, X- C



Society of which we are a part is a galaxy of dichotomies. The poem, “Is It a Tragedy or Something to Regret?” highlights this very well.

Is It a Tragedy or Something to Regret?  
Early in the morning,  
As cold as ice,  
As foggy as smog,  
Rings the bell of 4 'o' clock.  
Sinking into the blanket,  
You peep out and what you see is children  
at work.  
Is it a tragedy or something to regret?

Suddenly a knock!!  
You open the door,  
It is the newspaper,  
As you open, there appears a big photo  
Of the 'MONORAIL'  
Passing on the heads of hundreds of slums.  
Is it a tragedy or something to regret?

You turn the paper.  
Next photo appears  
With highlighted letters,  
MUKESH AMBANI, the richest of India,  
And find people fighting for water.  
Is it a tragedy or something to regret?

You go to a shop,  
Buy some gobstoppers,  
Enjoying them you move ahead,  
And see that people are running as fast as  
they can  
You see behind,  
You find a begger,  
Is it a tragedy or something to regret?

Pranathi, X - C



**Our class IX-B**

Samuktha comes first in the class,  
 Vinayak loses his temper very fast,  
 Prajval is good in studies,  
 Joy David is equally good with his buddies.  
 Neeraj is nice,  
 Karan likes all kinds of meat,  
 Mridula is good at art,  
 Rahul is really smart,  
 Anuradha has good looks,  
 Shameena is simple,  
 When Sanjeev smiles he gets dimple.  
 M. Ismail is our tragedy king,  
 Anuj thinks he is the best in the class,  
 But manopriya is also no less.  
 Sayanti looks like a teddy bear,  
 Sona Muthu has a little and spiky hair,  
 Juhi has small and smiley face,  
 Sanjana is not part of any race,  
 Anagha is cool but Alex is not fool.  
 Last but not the least Suman sir can  
 Never leave to shine as he is the our  
 Life line.

Sab karte hai yaha pagalpanti  
 Because this is crazy class IX-B

**Rahul Das, IX-B**

**A WARNING NOTE  
 in the form of a poem -**

*The Dreaded Drugs*

"DRUGS" the most dreaded thing of today,  
 This is gaining notoriety day by day.  
 Taking drugs is injurious,  
 Because man's life is very precious.

Dare to say "NO" drugs.  
 Because they are more dangerous than bed bugs.  
 Life is precious to all,  
 So knowingly don't cut it small.

It's like a rat's trap,  
 Don't indulge the mishap.  
 Drugs are life-takers.  
 It is the greatest enemy of mankind,  
 Which spoils the brain and mind,  
 Don't try to have its taste.  
 Otherwise your life will be waste  
 So why depend on drugs alone?  
 Which makes finally mourn?

Don't allow drugs to make your life dull,  
 As it brings your great failure  
 Don't take it under pressure,  
 As it spoils your future.

Prevent yourself from preventing the blunder.  
 Which will make you only wonder?  
 Then why let drugs spoil your precious life,  
 When you can willingly threw away your cigarette  
 pipe.

**S.Durga Devi, IX-B**



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**Time is precious**

As we all welcome the New Year,  
 And say bye to the old year,  
 All my elders used to say "time is precious".  
 But I was least bothered,  
 I never understood why they all said like that,  
 I was not able to accept the fact.  
 But you made me realize that -  
 Time is really precious -  
 The time spent with you "my sir",  
 Is like the happiness of a "frog",  
 When it receives rainfall after a long summer.  
 As I wake up from a deep sleep with your positive V  
 Now I realize that how foolish I was,  
 Wasted so much of my precious time,  
 Oh! Feeling short of time with you.  
 This new year I am really scared -  
 With time I have to move away from you.  
 The thought itself makes me sad  
 Now I realize that how preciousistime.



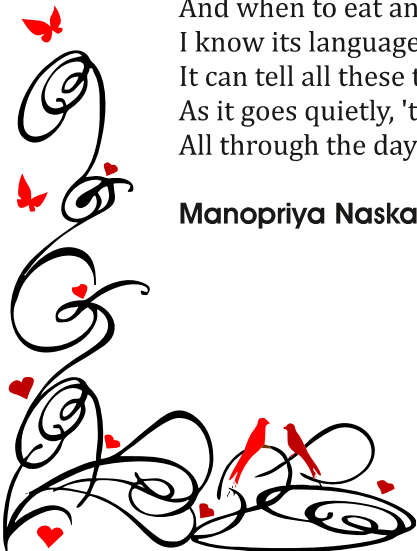
Sanjana, IX-B

Clock – something which we grow up with, every second we look at it. This particular poem underlines the role that it plays in our lives.

**My friend the clock**

When I was small, I thought the clock  
 Said nothing but, tick- tock tick- tock,  
 But when a person understands  
 About its number and its hands!  
 It tells us what to do all day;  
 The time to work, the time to play,  
 The time to come, the time to go,  
 And when to eat and sleep.  
 I know its language now, so you see,  
 It can tell all these things to me,  
 As it goes quietly, 'tick- tock,'  
 All through the day my friend my clock.

Manopriya Naskar, IX-B



Experience the sinister sensation of being alone in a murky lane ....

**The Dark Street**

Once I went to a dark street,  
 With blue slippers on my feet,  
 It was very dark there,  
 And I was not able to bear.

Someone was holding me from back,  
 And I had a golden sack,  
 And when I turned back,  
 My eyes suddenly turned black.

There was a scary ghost,  
 He was pretending to be my host,  
 I asked him who are you,  
 But he slapped me black and blue.

And then my soul with fear fills,  
 And he comes from the Kashmir hills,  
 His eyes were turning dark grey,  
 But I quickly ran away.

Mohammed Kaif Siddique, IX C



**TENSION**

The moment you are in tension  
 You will lose your attention  
 You will be in total confusion  
 You will feel the irritation  
 You will spoil your personal relation  
 Ultimately you won't get cooperation  
 When you realize the complication  
 Your BP may raise caution.  
 And you will have to consult for meditation.  
 Instead understand the situation  
 And try to think the solution  
 Many problems will be solved by discussion  
 Which may workout better in your profession  
 Don't think this is an unnecessary narration  
 If you understand my intension  
 You will never feel the tension



**Pratishruti, VII A**

*It is said that if we share our sorrows, our pain is reduced. I cannot comment on that but yes I firmly believe that if we share our work our workload definitely reduces. This poem by Jan Nigro throws light on team spirit.*

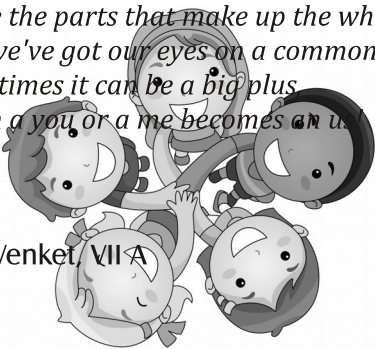
**Teamwork**

*Teamwork, teamwork  
 Together we can make our dream work.  
 Then we'll share the joy of what we've done,  
 Teamwork, everyone!*

*It's fun to shoot the basketball through the hoop,  
 But if nobody passed then nobody shoots.  
 And the relay race just can't go on,  
 If nobody wants to pass the baton.*

*We're the parts that make up the whole,  
 And we've got our eyes on a common goal.  
 Sometimes it can be a big plus  
 When a you or a me becomes an us.*

CH. Venket, VII A

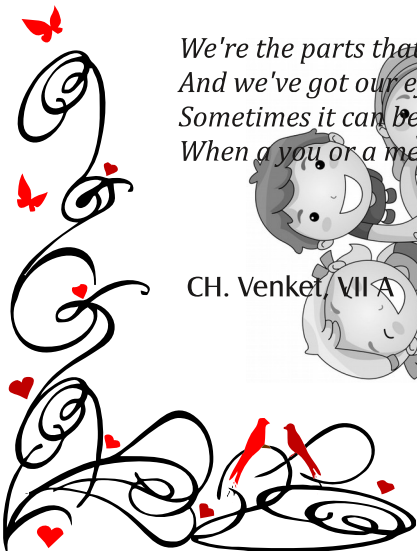
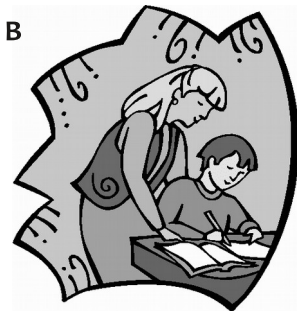


“The Fruitful Answer”, this is a story which my mother narrated to me when I was a child and I would like to share it with you.

Once a king was riding through his Kingdom. In a small village, he saw an old woman working in a field. She looked weak. But she was planting some saplings. The king was eager to know why she was doing that. He rode up to her and asked, “What are you doing, grandma?” “I am planting mango saplings, my lord,” she replied. “Don't you know mango tree takes a long time to grow? You may not live to eat the fruit. Then why are you doing this?” “No, my lord, I am not planting these saplings for myself. I am planting them for others. I am sure many will enjoy the fruit. Tired travelers will rest under its great branches. The king was pleased by her kind thought. “You are kind and thoughtful grandma. I wish there were more people like you”; said the king. He put his hands inside his robes and took out a small diamond ring and gifted to her.

Moral: Do your work sincerely without expecting beneficial outcomes; the vastness of the universe is such that your integrity and righteousness shall be paid back with interest.  
 You will never feel the tension

Chanda Das, XII B





### A MUTTON FACTORY

In an export import Mutton Factory, Shivraj was a senior officer. There were many officers and labours working in that factory. One day Shivraj visited the freezing room, at that time, freezing room door automatically locked. Shivraj was trapped and he tried to open the door but he could not. He panicked at the thought that nobody heard his voice; he felt his time is near. His body shivered, he congealed out of fear... but after sometime the door was opened by the watchman and Shivraj had his life back and he thanked the watchman with tears in his eyes. He asked the watchman, "How did you get to know that I was trapped here?" The watchman replied, "Sir in our factory only you wish me daily. You say good morning and good evening to me. But today you didn't wish me good evening so in that doubt I opened the freezing room." After listening to this unexpected answer Shivraj went home...

**Sai Siddharth  
XC**



### THE CUNNING LADY

Once there was a very rich lady. She lived a very luxurious life. She lived in a big mansion. She was very selfish and proud. Her name was Alia. None of the values seemed important for her other than money. She used to dominate everyone. She had no sense how to deal with the guests or some elderly person. She did not take care of her in-laws and used to treat them as her servants. Her husband was a dumb doll who said nothing and did whatever she ordered him to do.

Once she had a kitty party and she invited all her friends. All of her friends were of the same category. They started gossiping about their richness. Each one wanted to outshine the other. They all enjoyed a lot and were about to leave. Meanwhile Alia stopped them and told that she wanted to play poker. Everyone was stunned. Everyone was wandering why she wanted to play poker without knowing it properly. Then she said, "I have so much of money that even if I play poker for the whole life I'll have the same riches and prosperity." Then the ladies understood that she wanted to show - off her belongings. Some of the ladies were wise they ignored it and went away. And the rest chose to play the game. Soon necessary arrangements were done and the game of poker began.

Soon many of them started losing money and one of them was Alia. She had a huge loss and tried all the possible ways to stop the game. Finally, she did so but after losing a handsome amount. She regretted her act and wanted to wash away all her sins by changing herself.

**Kajol Mohanty, X 'B'**



## There's always a Choice

My grandfather's house was not far from ours and I would visit him often while returning from school. No matter how bad I had been, I could tell grandpa anything. My secrets were safe. He was wise and honourable. He always understood. I remember a time when a few of us were playing cricket in the field behind Mrs. Sen's house. I hit a shot just right and.....slam! It was a six that soared high and away, and ended up shattering Mrs. Sen's kitchen window. We all ran!

Walking home, my best friend, asked, "How will she ever know who did it? She's blinder than a bat!" he had a point. I decided to stop by my grandfather's house. He must have known something was up by the expression on my face. I felt ashamed. I wanted to hide. I wanted to bang my head against a tree a thousand times and make the world just go away – as if punishing myself could undo things. I sat down next to him and told him about it.

He knew we had been warned many times about the dangers of playing where we shouldn't. But he just listened. I was wrong, "I told him, with my head down. I hate myself for what I did. Is there a way out? Will she call the police?" "Well," he said, "She has a problem, just like you. I bet if she knew you cared, she would be sad to know that you're afraid of her. I bet she wishes you could give her chance – chance to be understood. It's your decision". He continued, shrugging his shoulders, "If you don't accept your wrong deeds, then pretend as though nothing has happened? Just keep quiet and carry your little secret around – hide what you're not proud of?"

"I don't know," I sighed, "Things may get worse."

"Let's think it through," he said finally "Well," I said, taking a deep breath, "One solution is to tell Mrs. Sen that I'm sorry and offer to fix her window,"

"If you call her," asked grandpa, "what's the worst that can happen?"

I had to think for a moment. I realized that what if she did not accept my apology, it could not be worse than seeing the disappointment on my parent's faces. Grandpa smiled when he knew that I had understood.

"Doing what's right is not always easy. I'm proud of you," said grandpa. It was always my choice. Grandpa asked me, "Whom will you turn to when I'm gone?"

Holding his hand I told him, "Honour is its reward, grandpa and a good teacher lives on through his student. Thank you."

After grandpa died, everyone was sad so many people loved him and missed him. I still talk to him in my thoughts. And most of all he showed me. I was brave.

P.R.VIJAY, X-B





## A TRUE STORY

Today I am going to tell you a story from real life, instead of an imaginary one. This story or incident is drawn from the world of sports where everyone is driven by the motto of being the first by beating the competitors.

It was the Berlin Olympics of 1936. Hitler was the ruler of Germany and he believed and wanted to prove that the Germans are the superior race in the world.

Jesse Owens of USA was the world champion of long jump and Jesse Owens went to the field knowing that he would win hands down. But to his surprise he found that a young long jumper qualified with quite ease and on enquiry Owens learnt that the boy was a German whom Hitler had trained and kept secret to prove to the world that the Germans are superior.

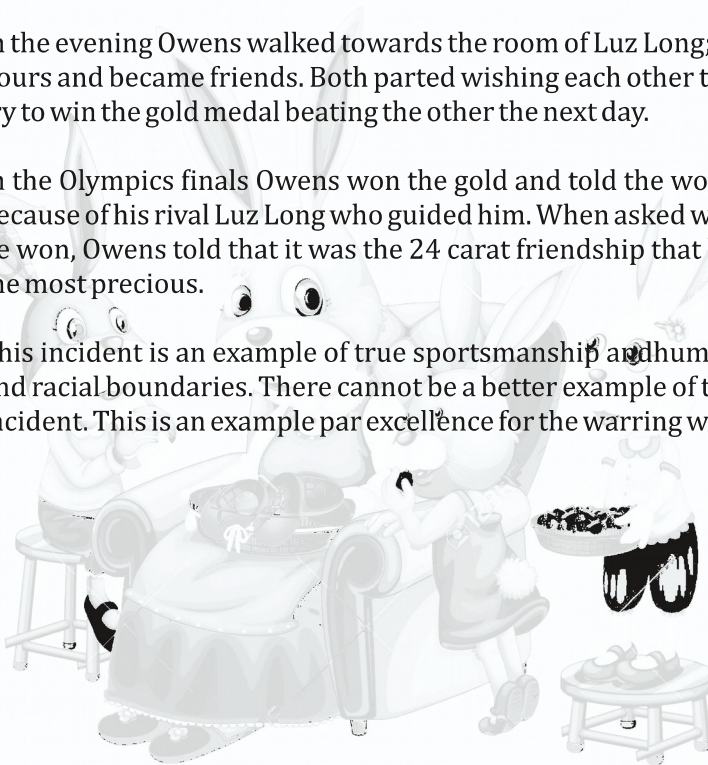
Jesse Owens decided to show Hitler what was his ability and went for the jump and fouled. He was filled with anger at his inability. He went for the second chance with greater anger. He fouled again. There was only one more chance left for him. He walked away thinking about his misfortune and worrying that the whole world would laugh at him if he failed in the third chance telling that he could not even qualify for the event. As he was kicking the ground with disgust and despair he felt a hand on his shoulders and looking back found the young German long jumper standing behind. He introduced himself as Luz Long and shook hands with him. Owens trying to hide his embarrassment asked him "How are you?" The German replied that he was fine and added that, that something was troubling him. He told Owens that it is not necessary to come first in the trials and suggested to draw a line one foot behind the take off line and jump from there and assured that he would qualify even if he took off one foot behind the take off line. Owens did so and qualified. While all this was happening, Hitler was angrily glowering at the boy for the help he had rendered to the American.

In the evening Owens walked towards the room of Luz Long; thanked him and both talked for hours and became friends. Both parted wishing each other the best but vowing that both will try to win the gold medal beating the other the next day.

In the Olympics finals Owens won the gold and told the world that the gold medal was only because of his rival Luz Long who guided him. When asked what was the best Olympics medal he won, Owens told that it was the 24 carat friendship that he had with Luz Long which was the most precious.

This incident is an example of true sportsmanship and humanity beyond national, linguistic and racial boundaries. There cannot be a better example of these qualities as exhibited in the incident. This is an example par excellence for the warring world to emulate.

Anushka Sinha, VI C





JOKES

- 1- Mohan was a great thief. One night he broke many almirahs for robbing. The next day his
- Wife asked: -Yesterday, you broke so many almirahs and now you are telling that you didn't get anything? Tell me the truth.
  - Mohan: - Yesterday, I had done a mistake.
  - Wife: -What mistake?
  - Mohan: -Actually, the almirahs which I had broken were all kept for sale in a shop.
- 2- Shyam was a naughty boy. Once he went to a shop.
- Shyam: -Uncle, do you have chocolate?
  - Shopkeeper: - No.
  - Shyam: -Do you have chewing gum?
  - Shopkeeper: - No.
  - Shyam: - Ok. Do have lock and keys?
  - Shopkeeper: -Yes, but why do you want that?
  - Shyam: - So uncle, take that and shut down your shop.



M.P. SAMYUKTHA, IX-B

Jokes that Harm, Jokes that Heal  
Vijaylakshmi, XII C

Laced with sarcasm, a gag can blow up in your face.  
Rimmed with wit, it might defuse a tense moment.

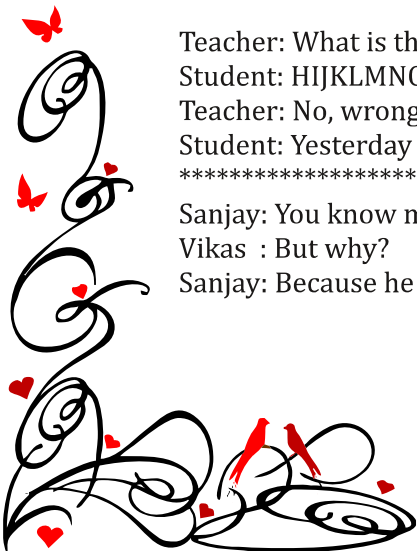
Crack wise: "Give a man a fish, and he will eat for a day. Teach him how to fish, and he will sit in a boat and drink beer all day."

In heaven, Mother Teresa is dining with God, who has made a couple of simple tuna fish sandwiches. While they are eating, she looks down into hell and sees the denizens eating lobster, crème brulee, etc. "Not that I'm complaining," she says, "but why are they eating lavishly, and we are having tuna sandwiches?" "Well," says God. "With just the two of us up here, I figure, why cook?"



It's Joke, laugh.  
Shubhanshu Prasad, VIII B

Teacher: What is the chemical formula of water?  
Student: HIJKLMNO  
Teacher: No, wrong. How could you give that answer?  
Student: Yesterday you only said that the chemical formula of water is H to O.  
\*\*\*\*\*  
Sanjay: You know my father gives food to people every day.  
Vikas : But why?  
Sanjay: Because he is a waiter in a hotel.









Just Think Before You Throw...  
Jiji Elizabeth Sam, PRT

How long does it take to decompose?

- A paper towel = 2 - 4 weeks
- A banana peel = 3 - 4 weeks
- A paper bag = 1 month
- A newspaper = 1.5 months
- A cardboard = 2 months
- A cotton glove = 3 months
- A plywood = 1-3 years
- A milk carton = 5 years
- A leather shoe = 25 - 40 years
- A tinned steel can = 50 years
- A plastic container = 50 - 80 years
- An aluminum can = 200 - 500 years
- A plastic bottle = 450 years
- A plastic bag = 100 - 200 years
- Glass = 1-2 million years



So, dear students keep our earth pollution free and spread this message to one and all whom you meet in your life.

## I, the Best Teacher, I the Parent

Parents spend their lives growing their children, guiding decisions, giving ideas, modeling behavior, hoping that someday their child will have gained the skills necessary to shine brightly out in the world on their own.

Everything you do, everything you think, everything you believe and every action you take has an effect on how your child grows. So as a parent you have the most wonderful job on earth, that of shaping another human being simply by living each day. Your child will feel your attitude. They will know that the person they become matters to you. Your children will see and experience you being a living example. As a parent, you can tell your children how you think, you can moralize and you can explain what you expect. But it is only when you demonstrate what you mean by how you live your life that you become an effective teacher.

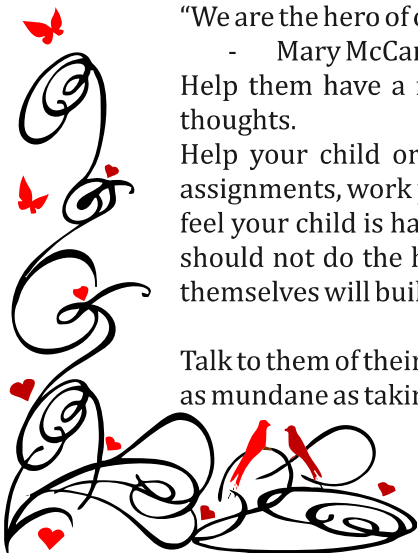
"We are the hero of our own story."

- Mary McCarthy

Help them have a feel good notebook, outline the good qualities, plant positive seeds of thoughts.

Help your child organize his "work" in a way that makes it easy for him to remember assignments, work peacefully and most importantly manage his time well. If at any point you feel your child is having trouble meet his teacher. Be available to answer questions. Parents should not do the home work of the child. Working through the problems and finishing it themselves will build the child sense of self.

Talk to them of their dreams, set small goals, map their plans, teach everyday skills, it could be as mundane as taking your child along to a grocery store and asking her to find the price,





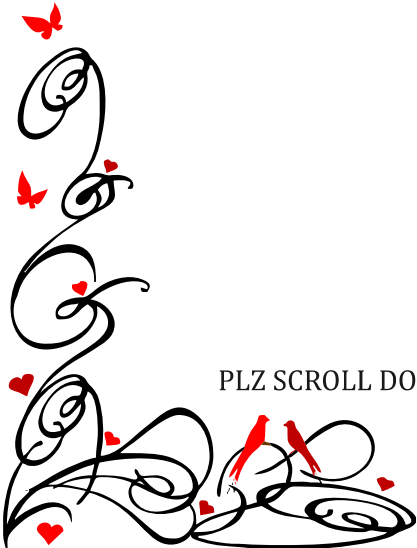
where to find the ingredient labels etc; get them involved in sorting laundry, involve these little hands around the kitchen. Share with them the wisdom of rules. Do silly things together, start a family tradition like talking about what each one liked about the entire day at bed time with the lights turned out.

You are the most important teacher your child will ever have. Think back over the years of all the teachers you have ever had. Who stands out in your mind as the best, and why? Use this teacher as a model as you adjust your teaching style.

Along the journey, when you least expect it, you will have moments when your heart beats with joy as you realize your child "got it". You will feel invincible in these moments, like all your dedication, love and understanding meant something immeasurably valuable. And you will be right. Make this journey worthwhile.

**Archana Singh, PRT**

Numbers and Angles  
Jiji Elizabeth Sam, PRT



PLZ SCROLL DOWN



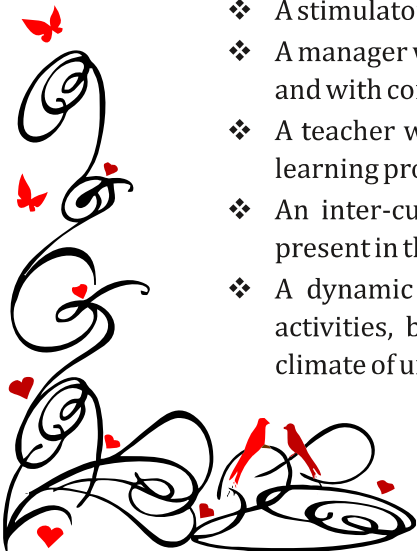
## ROLE OF A TEACHER IN THE CHANGING SCENERIO

The issue of quality education is now very much on the world agenda, especially in the agenda of developing countries. There is an emergent realization that whatever we are practicing in our schools today will define the social and intellectual competencies and character of the new generation which has to take upon itself the responsibility of shaping and running the society of the 21<sup>st</sup> century. Quality and relevance have become the catch words of 21<sup>st</sup> century education. Teacher competency is considered as the single most crucial factor which determines the quality of education. Professional development and support to teachers and their continuous professional development are essential prerequisites for improvement of the school system. Therefore, all progressive societies give top priority to the education of teachers and are willing to invest on new teacher education programmes. Such investments have yielded rich dividends in terms of well-informed and skilled, human resources.

Education has come out of the rigid framework of the classrooms. Traditionally, teachers have occupied a very high status in India in the country's social, cultural and political life. The teacher was perceived as an embodiment of wisdom, insight and knowledge. The concept, role and status of teachers have undergone metamorphic changes during the immediate past. From the unquestioned high status of 'Guru' the teacher has degenerated into the role of petty wage earner bargaining for service benefits. His only skill is the ability to converse like everybody else. He has very little by way of specialized professional skills. The professional preparation of teachers, therefore, has to change considerably to develop a new breed knowledge workers armed with new knowledge, skills and a vast repertoire of methods and techniques for providing education. The NCF 2005, requires a teacher to be a facilitator of children's learning in a manner that the child is helped to construct his/her knowledge. Education is not a mechanical activity of information transmission and teachers are not information dispensers. Teachers have to increasingly play the role of crucial mediating agents through whom curriculum is transacted.

The teacher today has a number of complex roles to perform. According to a recent educational document (ChoqueVillca, 1998), a teacher has to perform multiple roles like in the financial outlay on teacher education is almost significant:

- ❖ Act as a mediator between learning and the students;
- ❖ A stimulator of meaningful activities which lead to learning;
- ❖ A manager who organizes, coordinates, and harmonizes social work among students and with community;
- ❖ A teacher who observes, gathers information, reflects and constantly assesses the learning process;
- ❖ An inter-cultural communicator, a mediator with respect to cultural differences present in the classroom and
- ❖ A dynamic person who stimulates students participation, not only in learning activities, but also for taking decisions that concern education by generating a climate of understanding where different opinions and views are heard.















तत् त्वं पूषन् अपावृणु  
केन्द्रीय विद्यालय संगठन

“आत्मोन्नति हेतु संकल्पशील”

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